

Beverley 10k & Fun Run – Sun 8th May 2016

Guidelines for Beverley AC Members

Marshals and Helpers

All Club members are expected to assist. Year on year due to constraints imposed by uka, local authorities, the police, volume of traffic and safety considerations the number of personnel required to support this event increases.

Without **full commitment** from club members it would not be possible to stage the race. Similar circumstances apply to the majority of “Club” organised events every weekend up and down country.

So do your bit, and then with a clear conscience race the remaining 51 Sundays!!!

Those selected to run (see below) will be allocated a task either before/after or they can nominate a reliable and responsible friend or relative to carry out a task.

Note: For organisational and legal reasons the majority of positions must be filled by Club members.

**Do not enter the 10k in the normal way
Online entries from Club Members will be returned**

Entering the Race

A limited number of places are reserved for Club members who will be selected as follows:-

- Those chosen to make up the Club's representative Team and Vet categories
- Club members who have **never** run in the race and have contributed to the event over a number of years. (A way of recognising and rewarding Club stalwarts)
- Recent club members (1 year or less) who have **never** run in the race. (Local runners often join the club, having a goal to run in the race)

**To be selected a member must have volunteered their services indicating a wish to run.
Names will be requested in mid-March**

Selected Club members will be contacted

Those not selected will be given priority in future years.

The Good News is.....

The Walkington 10k (Fri 8th July) is a much lower key event and the majority of Club members are able to run.