

**Beverley AC Cross-Country Championship
2009 / 2010
Report by Kay Farrow of Beverley Athletic Club**



The first prizes were awarded this week to Beverley AC Cross-Country Champions. During the 2009 / 2010 season those competing in XC races were awarded points for completing races. Each race in the East Yorkshire XC League was worth 10 points and those who competed in the Northern, Humberside and National championships were awarded 20 points. In addition to this, points were awarded according to finishing position.

Competing in all these races demanded enthusiasm, commitment and above all stamina. Helen Storr was the only female to complete all races. In most of them she was the first Beverley lady to finish. She was awarded the Women's Cross-Country trophy.

James Pearson, Pete Watkinson, Neil Bant and Brian Richardson also competed in all the races and led the league table. Pearson received the trophy for the Male Cross-Country Champion. Medals were also awarded to veterans.

Men's champion – James Pearson

Vets

MV40 Aubrey Morrell
MV45 Mark Dalton
MV50 Ian Husband
MV55 Pete Watkinson
MV60 Brian Richardson
MV65 John Boardley

Ladies' champion – Helen Storr

Vets

LV35 Sam Allen
LV45 Helen Storr
LV50 Kay Farrow
LV55 Pam Atkins