

Beaver Trail
Sunday 21 November 2010
Report by Kay Farrow of Beverley AC

More than 50 runners and walkers joined members of Beverley Athletic Club to celebrate the 12th anniversary of the Beverley Beaver Trail on Sunday.

Club Secretary Brian Richardson was very pleased with the turn out on such a cold and wet autumn day and commented: "It was good to see a lot of local people, including walkers, and if the weather had been better I think we would have had many more."

Despite the weather runners and walkers of all ages enjoyed an active morning in the fresh air and were rewarded with a commemorative badge and hot soup at the finish.

Buoyed up by her success in the previous week's cross-country run at Drewton Woods, Rachel Kirk decided to tackle the 13 mile course, in spite of the fact that her longest previous run was only 8 miles. She completed the course in a creditable 1 hour 53 minutes. "It was hard going at the end," said Rachel, "especially when the route seemed to be taking us away from the Leisure Centre, but I'm really glad I did it."

The Beaver Trail was set up in 1998 by Beverley AC in partnership with the East Riding of Yorkshire Council and with funding from Adidas. It offers runners and walkers a choice of 5, 10 or 13 mile routes, starting and finishing at the Leisure Centre. There is minimal use of roads and all routes offer a variety of terrain, contrasting scenery and varying degrees of gradient.

Members of the public can use the trail all year round. Maps and route descriptions are available from www.beverleyac.com and from Beverley Leisure Centre.