

Saucony Castle Howard Trail Races
Sunday 13 June 2010
Report by Kay Farrow of Beverley Athletic Club

Father and son, Mark and Ethan Dalton, of Beverley AC, had a successful day out at the Saucony Castle Howard trail races last Sunday.

Ethan came fourth in the 6k event and was first in the under-16 age group. His dad finished in 13th place in the 10k event and was second in the 45 – 50 category.

Organised by Welburn Community Primary School PTA, the trail races follow a scenic but hilly off-road route through the Castle Howard estate with good views of historic monuments as well as of the main house. There was a challenging hill at 4k and, as the 10k event involved two laps of the course, runners had the pleasure of running up it twice.

Rob Snaith was the first Beverley runner to finish. Now fully recovered after his efforts in the London Marathon, Snaith was in fourth place after the first mile and by the three-mile marker he had moved up into third position behind 2 Leeds City runners, Darran Bilton and Martin Hilton. Snaith was happy to hang on to third place and finished comfortably in 37.50.

Andy Johnson finished in 23rd place and was third in his age group. Lucy Stamford was the only Beverley lady to compete at Castle Howard. She was the tenth lady to finish and came second in her age category.

The race was won by Darran Bilton in 33.43, a new course record, with fellow Leeds City runner Martin Hilton in second place in 34.57.



Beverley AC finishing times

10k: Rob Snaith 37.50; Mark Dalton 40.58; Andy Johnson 42.24; Lucy Stamford 49.42.

6k: Ethan Dalton 24.48

Photos: Rob Snaith (left) and Darran Bilton after the race with goody bags

