

**East Yorkshire Cross Country League 2015/2016 Race 5: Welton**  
**Sunday 7 February 2016**  
**Report by Lewis Holloway of Beverley AC**

153 runners from across the East Riding, including 23 representing Beverley AC, slithered around the deep mud of the fifth and penultimate event of the 2015/2016 East Yorkshire Cross Country League, held at Welton. The five and a half mile race, organised by Goole Viking Striders and Selby Striders, begins with a climb up Welton Dale which very slippery in the wet. It heads up to Wauldby Scroggs and ends with a wet and muddy descent back down the dale.



First Beverley runner back in was Lewis Holloway, who finished in 4<sup>th</sup> place in 36:14. Holloway was joined in the men's team of 6 by Luke Davison (taking 22<sup>nd</sup> place in 39:16), Dave Morrison (40:13); Steve Evins (40:31); Paul Clark (42:11) and Phil Reece (42:28). Ellen Harrison continued in strong form to come second in the women's race, completing the run in 38:40. The women's team of three came third, and comprised Harrison, along with Emma Greensmith (44:39) and Sam Allen (47:28).



The men's race was won by Nev Watson (Scarborough) in 34:10. Keri Pearson (City of Hull AC) was the first female finisher, in 37:56. City of Hull fielded first men's team, and Driffeld Striders the first women's teams. Although Beverley's teams were not as strong at Welton as they had been at other races in the series, the men's team remains in second place overall in the league and will hope to retain that position into the final race of the season, although they are being chased hard by Driffeld Striders. The final event will be held on Sunday 6<sup>th</sup> March on the coast at Sewerby. This last race will determine the final team and individual rankings after a tough series of six races which began in October.





Beverley AC finishing times: Lewis Holloway 36:14; Ellen Harrison 38:40; Luke Davison 39:16; Dave Morrison 40:13; Steve Evins 40:31; Paul Clark 42:11; Philip Reese 42:28; Emma Greensmith 44:39; Alan Flint 45:39; Sam Allen 47:28; Pete Watkinson 47:29; Emily Thornton 48:49; Fiona Oakes 50:26; Steve Williets 50:30; Steve Richmond 51:44; James Durham 53:27; Lynne Stabler 56:58; Christine Hemingway 60:25; Jacqui Dickinson 65:12; Carol Lingard 65:21; Penny Booth 66:51; John Boardley 70:49; Mary Carrick 72:26.