

East Yorkshire Cross Country League 2013/2014 Race 3: Langdale End
Sunday 15 November 2013
Report by Lewis Holloway of Beverley AC

Beverley Athletic Club's athletes put in an excellent performance at last Sunday's East Yorkshire Cross Country series race, with members coming first in both the men's and women's races.

This was the third race in the 2013/2014 series, at Langdale End, on the North York Moors near Scarborough. The race is organised by Scarborough AC. Run over five and a half miles, this tough race begins by following a very muddy streamside track, before crossing a stream and climbing steeply to its highest point. This is followed by a gradual descent, and a final steeply downhill run to the finish line. In contrast to the icy conditions experienced at last year's race, this year the weather was warm, although the course was still very wet. 22 Beverley AC athletes completed the race, which included a total field of 131 runners.

Beverley's Carla Stansfield convincingly won her third series race in a row in a time of 41:40, over 4 minutes ahead of second place Hester Butterworth of Scarborough AC. Stansfield was 13th place overall in the race. She led the Beverley AC women's team of three to second place overall in the team race, improving greatly on their fifth place at the previous race at Drewton Woods. The other two counters were Emma Greensmith and Sam Allen who finished in 50:36 and 53:05 respectively, and were 10th and 14th female runners to cross the line.

Also of Beverley AC, Aubrey Morrell won the men's race in 39:21, beating Bobby Scarborough (Scarborough AC) by around 20 seconds. The men's team of six came third out of the eight clubs represented at the race. Second for Beverley, and in ninth place overall, was Lewis Holloway in 41:04. He was joined by Luke Davison (44:00), Phillip Reese (44:03), Darren Edge (44:06) and Mark Dalton (45:32). Scarborough AC won both the men's and women's team events at Langdale End.

The fourth race in the six-race series will be at Sledmere, on Sunday 12th January.

Beverley AC finishing times: Aubrey Morrell 39:21; Lewis Holloway 41:04; Carla Stansfield 41:40; Luke Davison 44:00; Phillip Reese 44:03; Darren Edge 44:06; Mark Dalton 45:32; David Millson 46:23; Paul Clark 47:05; Andy Collinson 47:58; Andy Tate 49:05; Pete Watkinson 49:18; Steve Willietts 50:01; Andy Johnson 50:34; Emma Greensmith 50:36; Mark Oglesby 52:32; Sam Allen 53:05; Simon Pick 54:03; Adrian Holland 55:55; Steve Parkinson 56:19; Christine Hemmingway 68:50; John Boardley 75:25