

## East Hull 20 Sunday 20 March 2011 Report by Kay Farrow

Seventeen members of Beverley Athletic Club joined over 300 other runners to compete in the East Hull 20 last Sunday.

With only four weeks until the London Marathon many of those taking part were using the race as a key part of their training programme for London.

Rob Snaith was the first Beverley runner to finish and was fourth overall. The London Marathon has been his only focus this year and the East Hull 20 was a milestone in his carefully planned training schedule. As the marathon was too close to be able to run the 20-mile course flat out his plan was to run the race as a controlled effort. Everything went according to plan. He felt comfortable all the way round and really enjoyed the race. He completed the course in 1.58.40.



**Rob Snaith**



**Lucy Stamford**

Lucy Stamford was the first Beverley lady to finish and eleventh lady overall. She crossed the line in 2.37.31 and won first prize in her age category. She was followed by Julie Donald, in 2.41.08. Both ladies have an excellent record in marathons and it will be interesting to see who finishes first in London.

Lucas Meagor will be attempting four marathons in four weeks as part of a series of events to celebrate ten years of running to raise money for charity. The first marathon is in Paris on 10 April followed by London, Limerick and Skopje. His training is going well and he will be pleased with his time in East Hull – 2.41.00.

For David Robinson it was his first 20 mile run in preparation for the Edinburgh Marathon on 22 May. With the help of the moderate back wind he got to 15 miles in 2.17.54 but this pace was much too fast for him and he paid for it in the last five miles running into a cool headwind and finishing in 3.12.19. After receiving a Parker pen as a memento of the race David quipped that it was “just the thing for writing out “I must not start too quickly” 25 times!”

Jacqui Dickinson sustained an injury in Rudolph’s Romp two weeks ago but her ankle coped well over the 20 miles. She can now look forward to tapering her training knowing that the hardest part is over.



**Jacqui Dickinson**

There were 360 finishers and the race was won by Steve Bateson of East Hull Harriers in 1.51.01. As he was a late entry first prize was awarded to James Bulman of North York Moors AC who completed the course in 1.55.58. The first lady to finish was Amy Green of Keighley & Craven AC in 2.14.46.

**Beverley AC finishing times:**

Rob Snaith 1.58.40; Olly Johnston 2.13.56; Ian Husband 2.18.15; Andy Johnson 2.20.13; Jonathan Oxley 2.26.36; Steve Evins 2.35.33; Pete Watkinson 2.35.33; Lucy Stamford 2.37.31; Lucas Meagor 2.41.00; Julie Donald 2.41.08; Gavin Barley 2.45.29; Tony Beck 2.57.31; Tony Beck 2.57.31; Debs Brant 3.01.23; Maria Sellers 3.02.14; David Robinson 3.12.19; Jacqui Dickinson 3.41.34.

**Andy Johnson**



**Ian Husband**



**Lucas Meagor**



**Julie Donald and Steve Evins**



**Debs Brant and David Robinson**



**Tony Beck and Maria Sellers**

**All photos by Dave Gowans**