

**Haltemprice 10k
Sunday 30 October 2011
Report by Kay Farrow**

Conditions were perfect for running last Sunday when more than 200 local athletes celebrated the 25th anniversary of the Haltemprice 10k.

Beverley AC fielded a reduced squad as the race coincided with the 10k at Scarborough but they were rewarded with several veteran's prizes and new personal bests.

Mark Dalton was the first Beverley runner to finish. He was eighth overall and won second prize in the V50 age group.



Miranda Hunt, Sam Allen, Christine Hemmingway, Andy Johnson and Pam Atkins

The first Beverley lady to finish was Sam Allen. She was thrilled to record a new personal best time of 44:21. "I can't believe it," she said afterwards "I never thought I could run under 46 minutes and now I've gone under 45! It makes all the training worthwhile." She also won first prize in the LV40 age category.



Sam Allen and Perry Holmes



Miranda Hunt



Sarah Tock

Two weeks after setting a new PB in the Amsterdam Half-Marathon Miranda Hunt also broke her record for 10k. She covered the course at Haltemprice in 48:53, beating 49 minutes for the first time and finishing 3rd in the LV35 category.

Alan Flint finished in 23rd place overall and was the first V60 athlete to complete the challenging hilly course.



Andy Arnold

Christine Hemmingway and Pam Atkins

Pete Fielding-Smith

Veteran prizes were also awarded to Pam Atkins 1st LV65, Andy Johnson 1st MV40, Andy Arnold 1st MV45 and Pete Fielding-Smith 2nd MV40.

There were 261 finishers and the race was won by James Gilbert of Kingston-upon-Hull AC in 34:02. The first lady to finish was Beverley Jackson of East Hull Harriers in 40:20.

Beverley AC finishing times:

Mark Dalton 37:40; Andy Johnson 37:48; Pete Fielding-Smith 38:40; Alan Flint 41:06; Andy Arnold 41:54; Sam Allen 44:21; Perry Holmes 47:23; Miranda Hunt 48:53; Julia Baggs 51:26; Tony St John 52:55; Chris Curry 53:25; Pam Atkins 57:21; Christine Hemmingway 59:02; Pete McNally 60:34; Sarah Tock 68:35.

Photos by Dave Gowans



Andy Johnson and Mark Dalton

Pete McNally

Tony St John