

## **Humber Bridge 10k Sunday 5 June 2011 Report by Kay Farrow of Beverley AC**

The annual Humber Bridge 10k road race took place last Sunday and members of Beverley Athletic Club joined a field of over three hundred runners to race across the bridge and back. With several new personal bests and a couple of prizes it was a successful and enjoyable day out.

The first Beverley runner to finish was Steve Peacock in 37:30. He was seventh overall and first in the M45 age category. Claire Traynor was the first Beverley lady to finish. She completed the course in 44:36, was seventh lady overall and first in the LV35 age group.



**Sam Allen heads for the finishing line to set a new personal best**

Despite a strong wind which tested the stamina of runners on the way back Sam Allen, Steve Evins, Andy Grainger and Lucas Meagor all recorded new personal best times. Allen, Evins and Meagor beat their previous best times by 27,16 and 5 seconds respectively while Grainger finished in less than 50 minutes for the first time in a 10k and knocked almost three minutes off his previous best at this distance.

New member Michael Anderson made his debut for Beverley and finished comfortably in 46:36.

For Pete Watkinson the 10k was the first of three events which will see him crossing the Humber Bridge numerous times in June. He will be taking part in the Hell on the Humber endurance race on 20 June when he will attempt to run across the bridge as many times as possible in twelve hours. Having run 105 miles in the Hull 24-hour race in 2009 he should take it all in his stride. A week after the endurance event he will run the Humber Bridge half-marathon. He started well with the 10k, winning first prize in the MV55 category in a time of 42:59.

There were no Beverley AC Juniors in the fun run but Sam Allen's two sons George and Ted took part. Eight year-old George finished in tenth place and did very well against much older children. Six year-old Ted ran with his mum Sam and finished in 22<sup>nd</sup> place out of 63 runners. Both boys are looking forward to joining Beverley AC Juniors when they are 9.

There were 376 finishers in the 10k and the race was won by Steve Bateson of East Hull Harriers in 33:36. The first lady was Elaine Storey of City of Hull in 38:40.



**Beverley AC finishing times:**

**Sam, George & Ted Allen**

Steve Peacock 37:30; Steve Evins 41:21; Lucas Meagor 42:12; Pete Watkinson 44:59; Claire Traynor 44:36; Dan Hammond 45:0; Julie Donald 45:38; Sam Allen 46:04; Michael Anderson 46:36; Tina Wardropper 47:58; Steve Hadley 49:10; Angela Collins 49:33; Rachel Woolner 54:01; Fiona Holland 54:10; Elaine Julian 56:04; Pam Atkins 58:05; Rachel Cope 61:35; Catriona Williamson 66:22;