

Humberside XC Championships
Sunday 6 January 2013
Report by Kay Farrow of Beverley Athletic Club



The start of the senior men's race showing James Pearson and Steve Ostler of Beverley AC

The 38th Annual Humberside Cross-Country Championships were held on a muddy Beverley Westwood last Sunday and athletic clubs from across the county were represented. There were races for all age groups from U11 to seniors and veterans. Medals were awarded to the first three runners in each race and also to the first three teams. In addition, athletes were competing for selection for the Humberside team at the UK Inter-Counties XC Championships in Birmingham in March.

Beverley AC fielded runners in all but one of the races and they had a very successful day, winning six individual and five team medals. On top of that, eleven juniors and one senior finished in the first six in their respective races and gained automatic selection for the county team which will travel to Birmingham.



The most notable performance by a Beverley AC runner was Oliver Douglas (left) who finished first in the U13 boys' race. He completed the course in 6:32 to win the gold medal. Kendall Arnott, Nicole Dawson and Lauryn Garwood all won silver medals in their respective races and Elizabeth Evans and Morgan Dennis won bronze.

James Pearson, Aubrey Morrell, Lewis Holloway, Mark Dalton, Steve Ostler and Andy Johnson formed the team



From left to right: Aubrey Morrell, James Pearson, Lewis Holloway and Mark Dalton

which won the senior men's team competition. In all other races the first three members of each club to finish constituted the team and Beverley won gold medals in the U13 boys' and U15 girls' races and silver in the U13 girls' and U17 men's events.

Beverley AC results:

U11 boys: Aidan Glover 5:23 (right)

U11 girls: Emily Peacock 5:56.

U13 boys – team gold medal for Beverley

Oliver Douglas 6:32; Taylor Arnott 6:54; Jonathan Dennison 7:24; Jacob Chastney 7:55.

U13 girls –team silver medal for Beverley

Morgan Dennis 7:00; Laura Duncan 7:31; Jordan Peacock 8:40.

U15 boys: Edward Prew 13:01.

U15 girls – team gold medal for Beverley

Lauryn Garwood 12:15; Eleanor Boyd 13:11; Kelly Dawson 13:31; Dayna Arnott 13:45; Francesca Brittain 16:07.

U17 men – team silver medal for Beverley

Harry Powell 12:14; Ethan Dalton 13:01; Conor Spilsbury 13:42; Curtis Arnott 15:09.

U17 wome: Nicole Dawson 12 :09, Elizabeth Evans 12:50.

Junior women: Kendall Arnott 15:54.

Senior men – team gold medal for Beverley

James Pearson 30:06; Aubrey Morrell 30:47; Lewis Holloway 31:55; Mark Dalton 33:00;

Steve Ostler 33:38; Andy Johnson 35:21; Kevin Hayward 37:30; Pete Watkinson 38:43; Neil Bant 38:56; Kelvin Arnott 42:19; Neil Sergeant 42:57.

Senior women: Sam Allen 24:30; Laura Egan 24:40.



Conor Spilsbury



Kendall Arnott, Nicole Dawson, Elizabeth Evans, Lauryn Garwood and Morgan Dennis



James Pearson, Andy Johnson, Steve Ostler, Neil Bant and Neil Sergeant



Sam Allen and the senior ladies, Laura Egan

Photos by Dave Gowans and Stuart Little