

**Lincoln 10k**  
**Sunday 21 March 2010**  
**Report by Kay Farrow of Beverley Athletic Club**

Five members of Beverley AC headed south of the river on Sunday 21 March to join over four thousand runners in the Lincoln 10k.

Now in its fourteenth year, this popular race attracts hundreds of club runners, those raising funds for charity and several thousand spectators.

The weather was perfect for runners and spectators alike - a mild and sunny spring morning with a slight breeze - and with a flat course there were some excellent performances.



**Ian Husband and Julie Donald**

It was an exciting finish for Beverley runners as Ian Husband overtook Olly Johnston in the final 100 yards. Johnston responded to the challenge and managed to catch Husband as they approached the finish in the grounds of Lincoln castle. It was Johnston who crossed the line first, a second ahead of his club mate and in a new personal best time of 38.36. Husband still had cause for celebration as he finished fifth in his age category and produced his best 10k time in two years.

Julie Donald used the race as a tempo run in preparation for the London Marathon next month. She was the first Beverley lady to finish and twentieth lady overall, crossing the line in 42.23. Lucas Meagor and Tina Wardropper both ran well and recorded excellent times for the distance.

All five Beverley runners were spurred on by the support of Kristian Davis who was unable to run due to injury.

The race was won by Bruce Raeside of Nottingham AC in a time of 30.04 and the first lady home was Julie Briscoe of Lincoln Wellington AC in 35.13.

**Beverley AC finishing times**

Olly Johnston 38.36; Ian Husband 38.37; Julie Donald 42.23; Lucas Meagor 43.45; Tina Wardropper 46.42.