

National XC Championships
Sunday 23 February 2014
Report by Lewis Holloway of Beverley AC

Several Beverley runners participated in the Saucony English National Cross Country Championships at Wollaton Park, Nottingham, last Sunday.

The event was organised by Notts AC and Nottingham City Council, and attracted a record number of over 10,000 athletes representing 127 running clubs. International and Olympic-standard runners participated, making for an exciting day out for all who were there. The 10 races, for runners in different age groups, are intensely competitive, and some Beverley athletes performed exceptionally well.

Harry Powell was 98th in the U17 6 km race, which in a closely packed field of 272 was only three minutes behind the winner and an impressive run. Laura Egan and Kate Little were both in the top half of the Senior Women's 8 km race, which included 708 finishers.



Harry Powell, U17 race

The races were all held in the attractive parkland surrounding Woollaton Hall. Each race consisted of several laps including some small hills, and a mixture of grassy slopes and muddy ditches. Laps also included a log to be hurdled on each circuit.



Woollaton Hall and Park



The Beverley AC team

Little hopes that more Beverley runners will take part next year as East Yorkshire clubs were not strongly represented overall, and the event will provide a great day out for all who participate.