

The 2010 Saucony English National Cross-Country Championships Saturday 27th February 2010

Report by Kay Farrow of Beverley Athletic Club



Junior and senior men at the start

Over four thousand athletes from running clubs around the country assembled at Roundhay Park in Leeds to compete in the 2010 Saucony English National Cross-Country Championships.

The races were held on a muddy course that included a number of tough climbs and descents, culminating in an incredibly steep climb up to the finish.

Competing amongst the best in the country Beverley AC fielded runners in all but one race.

The Arnott family were out in force and Dayna, Curtis, Kelvin, Kendal and Corey all ran in junior races.

With their confidence boosted after being selected to represent Humberside in inter-county competitions, Peter McGill (U15 boys), Nicole Dawson (right) (U15 girls) and Ethan Dalton (U13 boys) all ran well against strong competition. McGill did particularly well finishing in 63rd position out of 387 in his event.





In the senior men's race it was student Ross Armstrong (left) who led the Beverley men across the finishing line. He finished in the top 400 out of a total of more than 1400 runners. There were also very strong performances from Aubrey Morell and Ian Boardley. The men's team finished in 70th position out of 107 six-man teams and in 39th position out of 45 nine-man teams.

Helen Storr and Sam Allen (below) both ran in the senior women's event. This season they have both competed in all the races in the East Yorkshire Cross Country League as well as in the Northern, Humberside and

National Cross-Country Championships. They are on course to take first and second places in Beverley AC's cross-country championships and Storr has just been selected to represent Humberside in the Inter-Counties Cross-Country Championships in Birmingham on 13 March.



Beverley finishing times in the National Cross-Country Championships:

Under 13 boys – 3 km – 374 finishers

Ethan Dalton 13.52; Alex Park 16.09.

Under 13 girls – 3 km – 417 finishers

Dayna Arnott 16.06; Kelly Dawson 16.08.

Under 15 boys – 4.5 km – 387 finishers

Peter McGill 15.11; Curtis Arnott 19.35.

Under 15 girls – 4 km – 360 finishers

Nicole Dawson 17.01.

Under 17 men – 6 km – 308 finishers

Andrew Harding 23.04; Kelvin Arnott 34.05.

Under 17 women – 5 km – 189 finishers

Kendall Arnott 24.37; Jasmine Dalton 24.57; Jade Ellwood 26.15.

Junior men – 10 km – 204 finishers

Corey Arnott 49.04.

Senior men – 12 km – 1428 finishers

Ross Armstrong 47.15; Aubrey Morell 50.05; Ian Boardley 51.28; James Pearson 53.44; Mark Dalton 54.29; Neil Bant 57.11; Pete Watkinson 58.00; Neil Sergeant 66.17; Brian Richardson 66.43.

Senior women – 8 km – 543 finishers

Helen Storr 40.59; Sam Allen 42.10.