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## PRESS RELEASE

November 2017 Club News

### **Events and achievements**

With the autumn marathon season now behind us, the members of Beverley AC look forward to winter, heralding a bumper stocking full of running events, including the challenging local cross country series of races, a sprinkling of road races and the club's infamous round-the-town Santa Run!

Of particular note, the club welcomed well over one hundred runners from clubs across Hull, East Yorkshire and Lincolnshire to the annual Beaver Trail Anniversary run on 19 November. Various routes of 10 miles, 13 miles and 15 miles were on offer, on a glorious autumn morning. This free event continues to grow with every passing year and the feedback from the morning was overwhelmingly positive, helped in part by Beverley Leisure Centre serving up soup for tired runners and walkers upon their return to base. Next year will see the 20<sup>th</sup> staging of the event.

There was a strong club turnout at the Drewton Woods cross country race, co-hosted by the Beverley AC and City of Hull AC and the second in the East Yorkshire Cross Country League for 2017-18. This is a tough 6.6 mile course on challenging terrain and a strong field saw the Beverley men's team finish second and the women in fourth place.

The ever popular Haltemprice 10k took place on the last Saturday of October, with a strong showing from the club, seeing Lee Phipps finishing fourth overall and age category wins for Pam Atkins, Zoe Dale, Jackie Hardman, Alan Flint and Darren Edge.

Dianne Coleman, Nicola Riley and Sarah Tock made the short journey across the Humber Bridge to Barton in November for the Dalby Dash, all recording creditable results. Venturing slightly further afield, a very chilly Doncaster 10k saw several Beverley runners compete on 26 November.

Four hardy Beverlonians turned in outstanding performances in the Goathland 'Hardmoors' Marathon on 10 November, with Steven Walker finishing seventh overall in a wonderful time of 4 hours 9 minutes, over a very challenging course on the North Yorkshire Moors.

Proof that the branches of Beverley AC spread far and wide and that members undertake all manner testing activities is this month shown by Peter Naylor, who recently travelled to Greece and ran the entire Spartathlon route, following in the ancient footsteps of Pheidippides, covering between 150 – 170 miles over four days. A sterling feat indeed, and carried out completely of Peter's own free will!

### **Forthcoming events**

Planning has begun for the 25<sup>th</sup> running of the Beverley 10k, which will take place on Sunday 13 May 2018. Entries will open on 3 February 2018 and the club is especially keen to locate any runners who may have run all 24 previous races and intend to run again next year. The club's flagship event is a special annual occasion for the town of Beverley and it is hoped that the 25<sup>th</sup> running will prove particularly exciting.

Also in the pipeline is a new event, the Wolds Way Relay, which will feature teams of ten runners competing in a relay event to cover the entire 79-mile route of the Wolds Way. This will take place on Sunday 27 May 2018 (Bank Holiday Weekend). Watch this space for further exciting developments!

**\*\*END\*\***

Photographs attached:

1. Peter Naylor in Sparta, kissing the foot of the King Leonidas statue having completed the Spartathlon route.
2. A group of runners enjoy glorious conditions on the Westwood towards the end of the Beaver Trail Anniversary run
3. Stuart Little on his way to a 2<sup>nd</sup> place finish in the East Yorkshire Cross Country League race at Drewton Woods.

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