

**East Yorkshire Cross-Country League 2012 / 2013**  
**Race 3 Langdale End**  
**Sunday 9 December 2012**  
**Report by Kay Farrow of Beverley Athletic Club**



It was a gloriously sunny morning last Sunday as athletes from local running clubs lined up in a field in the North Yorkshire village of Langdale End for what is usually the longest and most challenging race in the East Yorkshire Cross-Country League.

The course varies from year to year and this year's clockwise horse shoe route was approximately 9.3k over very hilly and muddy terrain. It started on the old village cricket pitch at Howden Farm and finished in an open field on the south-east

side of the village. The weather this year was amazing. Carrie Smith described it as "Four seasons in one race - the snow and ice of bleak mid-winter, gusty winds of autumn on the hill tops, muddy springtime and bright, blinding summer sun."

Despite the challenging terrain and weather conditions Beverley fielded a squad of 22 runners and the first of them to finish was Lewis Holloway (left) in 42:24 and in seventh place overall. This is his first season in the XC League and he is enjoying the challenge. He said: "It was a tough course and incredibly wet and muddy but good fun. I really enjoyed it."



He was followed across the line by the Carla Stansfield (right) in 44:05, the first lady to finish and in an impressive eleventh place overall. Stansfield excels at cross-country and was also the first lady to finish this tough race last year.

Darren Edge was impressive in his first race since joining Beverley AC. He finished in 45:43 and was the third



counter for the men's team. Others scoring valuable points for their club were Jim McGivern (45:41), Paul Clarke (46:32), Mark Dalton (47:27) and David Millson (48:04).



**Jim McGivern, Paul Clarke and David Millson**



It is the first three ladies from each club who core points for their team and this time it was Emma Greensmith (55:39) and Carrie Smith (58:46) who made up the Beverley ladies' team with Carla Stansfield. Emma is a relatively new member of the club and is competing in the XC League for the first time. Carrie is a very experienced cross-country runner and found the course at Langdale End tough but nevertheless enjoyable. She commented: "The icy river crossing followed by the steep climb out of the valley bottom tested every stalwart cross-country runner's stamina but it was truly worth the exhilaration of crossing the finishing line."

**Left: Carrie Smith**

When the points were added up after the race Beverley's men's team finished third behind City of Hull and Driffield Striders. Beverley's ladies team was also third with Bridlington and Scarborough in first and second place respectively.

With three of the six races in the XC League completed City of Hull's men look unbeatable with a commanding lead over second placed Beverley. City of Hull are also leading the women's competition followed by Bridlington and then Beverley.

There were 105 finishers and the race was won by Stuart Carmichael of City of Hull in 38:05. The first lady to finish was Carla Stansfield of Beverley AC in 44:05.

The next race in the league will be hosted by Driffield Striders on Sunday 13 January over a new course at Sledmere.

**Beverley AC finishing times:**

Lewis Holloway 42:24; Carla Stansfield 44:05; Jim McGivern 45:41; Darren Edge 45:43; Paul Clarke 46:32; Mark Dalton 47:27; David Millson 48:04; Steve Willietts 49:08; Andy Tate 50:28; Alan Flint 50:34; Pete Watkinson 51:05; David Cammies 55:37; Emma Greensmith 55:39; Trevor Turnbull 55:55; Carrie Smith 58:46; Brian Richardson 61:01; Alex Guymer 61:31; Paul Evans 61:41; Pete Myers 61:53; Steve Hadley 62:45; Christine Hemingway 66:50; Pam Atkins 68:46.

**Photos courtesy of Mike Atkins**



**Alan Flint, Alex Guymer, Andy Tate and Brian Richardson**



**David Cammies, Paul Evans, Pete Watkinson and Trevor Turnbull**