

Walkington 10K
Friday 10 July 2009
Report by Kay Farrow of Beverley Athletic Club



All the local running clubs were well represented at last Friday's Walkington 10k road race but it was City of Hull Athletics Club that carried off all the main prizes.

The race was won in style by Stuart Carmichael of City of Hull (above) who finished in 33.35, a minute ahead of his nearest rival. After finishing in second place in the Beverley 10k Stuart was delighted to win at Walkington. He was also a member of the winning men's team with club mates Steve Rennie and Pete Baker.

The first lady to finish was also a City of Hull runner. Laura Holmes (above) has only been running competitively for just over a year and this was her first 10k race. She finished in 41.11 - almost two minutes faster than her target time. Laura really enjoyed the experience and commended the marshals for their excellent support around the course. Laura and team mates Charlotte Ward and Donna Gorlach took first place in the ladies' team competition making it a clean sweep for City of Hull.

The Walkington 10k is organised by Beverley Athletic Club. The race follows a challenging route on undulating rural roads with some long climbs and runners need to pace themselves well. After the recent hot weather runners welcomed the cooler temperature. The race attracted a record number of entries this year and an increasing number of club runners from further afield.

The first Beverley AC runner to cross the line was James Pearson in 12th position in 36.48. He was followed by club mate Mark Dalton who won the V45 prize. New member Claire Traynor was the first Beverley AC lady to finish. She won the L35 prize. Veteran Pam Atkins put in a sterling performance to win the L60+ prize in 54.24. Congratulations to new member Debs Brant who broke the 50 minute barrier for the first time.

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Race sponsor Airkool Contracts Limited was represented by Wayne Dawson who completed the course in 46.12, ten minutes faster than last year.

Results and photos can be viewed at www.beverleyac.com

Photos by Alan Glover of Beverley AC

Prizes were awarded as follows

Men

1. Stuart Carmichael, City of Hull, 33.35
2. Simon Newton, Askern, 34.39
3. Philip Taylor, Bridlington Road Runners, 34.45

Men's team – City of Hull – Stuart Carmichael, Steve Rennie, Pete Baker

MU18 Jonathan Hagyard, unattached

M40 Steve Wood, Pocklington Road Runners

M45 Mark Dalton, Beverley AC

M50 Graham Wilkinson, East Hull Harriers

M55 Michael Baggott, Goole Viking Striders

M60 Neil Scruton, Scarborough AC

M65+Michael Tasker, York Acorn

Ladies

1. Laura Holmes, City of Hull, 41.11
2. Sue Haslam, Scarborough AC, 42.00
3. Baronie Drew, unattached, 42.31

Ladies team – City of Hull – Laura Holmes, Charlotte Ward, Donna Gorlach

LU18 Charlotte Ward, City of Hull

L35 Claire Traynor, Beverley AC

L40 Alison Thornton, Pocklington Road Runners

L45 Julie Masterman, Goole Viking Striders

L50 Verena Gorlach, City of Hull

L55 Patsy Fenelon, Goole Viking Striders

L60+Pam Atkins, Beverley AC

Fun run prize winners:

