

English Cross Country Championships 2009

Beverley AC fielded two teams in the senior men's relay race at the English Cross Country Championships at Berry Hill Park, Mansfield last Saturday.

Competing against the best cross country runners in the country, the Beverley A team finished in a respectable 96th position with 151 teams taking part. All team members ran well and the team's combined times were two minutes faster than last year. Ross Armstrong was the fastest Beverley man, running his 5km leg in 17.48 minutes.

The fourth member of the B team was unable to compete but the remaining three runners ran to form and were pleased with their performances.

Bedford and County AC's A team won the senior men's event with a very consistent team effort which saw all four members finishing in less than 16 minutes to produce a total time of 1 hour and 1 minute.

East Hull Harriers A team finished in 86th position and City of Hull in 91st.

Beverley AC finishing times:

A team 1hour 14 minutes

James Pearson 18.27; Ross Armstrong 17.48; Jonathan Leskiewicz 18.15; Ian Boardley 19.48

B team incomplete 1 hour 3 minutes

Tim Simpson 22.43; Ian Husband 20.23; Steve Peacock 20.32