

Instructions for correct fitting of your Disposable Pro Trainer Tag

Check your timing chip and make sure that it matches your race number. Our timing chip for running is provided on a self adhesive waterproof strap. This timing chip will be supplied printed with your number. The number should match your race number.



Step 1 & 2

Take the strap and thread through either 1 or 2 laces with the logo and your race number facing outwards as illustrated below.

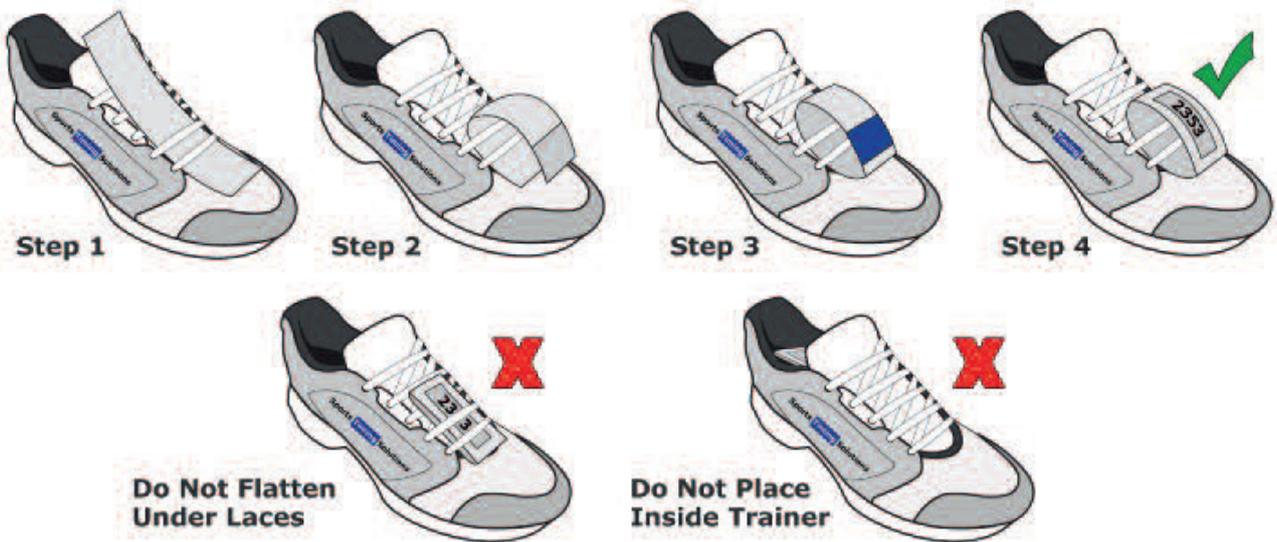
Step 3

Peel the 3M sticker off and stick the 2 tabs together using the blue square as a guide, ensuring that you have created a loop.

Step 4

Rotate the strap so your race number is visible from the front and the Blue Square part of the timing chip is against your trainer, the shoe tag should now be attached forming a loop through the shoe lace with the race number facing upwards. You can tighten your laces to ensure the tag does not rotate around.

You must ensure that your timing chip forms a loop, if you flatten the chip in anyway you will reduce the effectiveness of the chip and may not get any times.



Failure to attach your timing chip correctly could affect your results, please follow the instructions above.

Sponsors & Partners

Official Race Sponsor



Official Partners



Race day information – Pittaway Beverley 10k and B&A Scaffolding 2k Fun Run

Sunday 14th May 10k 11.15 am, Start at the Minster

Race HQ

Beverley Leisure Complex, Flemingate. Visitors new to Beverley should follow traffic signs for the Leisure Complex. Sat Nav: HU17 0LT

10K Race Assembly Point

Runners are to assemble at the Leisure Complex. As in previous years we ask runners not to proceed to the 10k Race Start until requested, as traffic must be stopped in the town to accommodate the large numbers of starters. Runners should position themselves according to expected finish time at the race start - signage will indicate this.

Transfer Requests

If you are unable to run (eg due to injury) and wish to transfer your number to someone you know, please use the edit facility on the sports entry systems website. Please note you will need to use the same e-mail address that you used when you signed up and your unique reference number. Any financial arrangement relating to a transfer is a matter of the two parties to agree and Beverley AC will not issue refunds. The deadline for receiving transfer requests is Monday 8th May 2017. Under no circumstances should a runner be given your number without undertaking this transfer process as this might cause incorrect allocation of prizes and could cause confusion if an accident or emergency were to occur.

Timing Chip Instructions overleaf

Feedback

Feedback from all runners is appreciated to help improve future races. This can be done by responding to an email that will be issued shortly after the race, or rate the event at www.runnersworld.co.uk/events/

Parking

Please follow the directions of club officials. In addition to the Leisure Complex there is a multi storey car park opposite in the Flemingate shopping area (£1 for 3 hours) You can also use the car parks in Beverley Town Centre where parking is available, the nearest being adjacent to the Railway Station or on Lord Roberts Road.

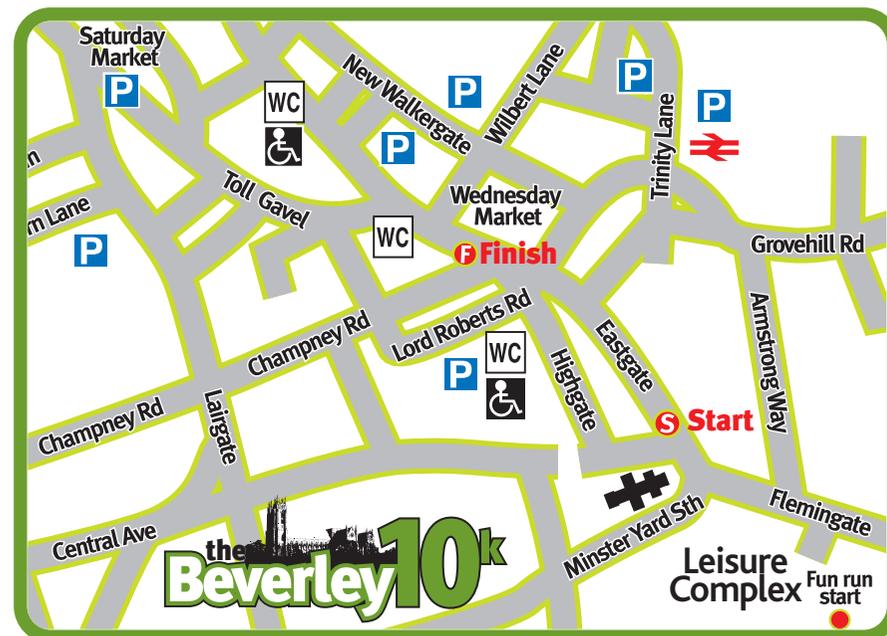
Safety

Please follow the directions of marshals and police and have due regard for your own safety and that of other road users. Under UKA Rules of Competition - "The wearing of headphones, or similar devices, (other than those medically prescribed), is not permitted" and will lead to disqualification. You need to be aware of traffic dangers and directions given by officials. Participants with prams or pushchairs are not permitted in either event.

Race Number

- The race number enclosed must be worn only by the person to whom it is registered.
- Both runners involved in an unauthorised number transfer will be disqualified and banned from future Beverley AC Races.
- The medical/contact information requested on its reverse MUST be completed to meet health and safety requirements.
- Please pin it securely to the FRONT of your vest/t-shirt to ensure your time is recorded as you cross the finish line. Do not obscure sponsors name.

Pre and post race leg massage supplied by Warners



Toilet, changing & showers

Facilities are available at the Leisure Complex. Additional public toilets are at the Railway Station and on Lord Roberts Road. Please respect the area and only use official toilets not the local streets.

First Aid

St John Ambulance will be stationed near the finish area of both races and are able to respond to incidents. Please contact a marshal if you or a fellow runner requires medical attention.

Presentations

Prizes will be presented in the Leisure Complex at approx 1.30pm.

Fun Run Course

Start and Finish on the sports fields at Beverley Leisure Complex. Start time - 10.15am.

Results

Results will be available online at www.beverleyathleticclub.co.uk Times given in results are from the start line to the finishing line.