



Beverley 10km & Fun Run

Club Rules for Beverley AC Members, Recent Members, Marshals, and Helpers

The Rationale

The Beverley 10km and Fun Run events form the main fund raiser for the Club. Without these, many of the benefits members enjoy may not be possible. These include such things as:

- subsidised food on away nights,
- presentation dinner dance, and
- sessions with qualified coaches

It is therefore critical that we gain support from as many members as possible to put these events on. Similar circumstances apply to the majority of "Club" organised events every weekend up and down the country. So members are encouraged to play their part, and then with a clear conscience race the remaining 51 Sundays of the year!

2018 was a tough year gathering sufficient volunteers to cover over 100+ roles at the events. This has always been challenge given the Club's total membership of circa 180 and has resulted in a heavy reliance on friends of the Club, sponsors, and members selected to run in the event giving up their 10km place filling in the gaps.

The ever increasing constraints imposed by UKA, East Riding of Yorkshire Council, Humberside Police, increasing volume of traffic, and safety considerations; mean the number of personnel required to support the event increases year on year.

These rules have therefore been devised to:

1. Encourage and reward those who choose to help out the Club in staging the events in order to gain sufficient people to help out in future years;
2. Promote the 10km as a big stepping stone for developing the juniors to take part in longer races by allowing junior members to enter the 10km; and
3. Promote the club as a place where competitive athletes are developed by fielding the Club's fastest 10km runners in the event.

Adoption of these rules abolishes any previous system of club selection of runners to participate in the 10km. This document will be reviewed by the Club's Committee following the experience of applying it for the first time in 2019.

The Rules

Who should help?

1. All Club members¹ are expected to assist in some way in helping to stage the Beverley Fun Run and 10km events, even if you are running in one of them.

Which Club members can run in the Beverley 10km?

2. Those **senior** members running for Beverley AC who have not previously represented the Club in the event (by being a social, 2nd claim, or 1st claim member at the time of running in it) and have not been a member of the Club before (new members) can enter the 10km. Those falling into this category are expected to enter and pay for this in the normal way using the website.
3. **Senior** members who have helped/marshalled at the 10km in three of the last four races by volunteering in advance of race day in writing will be eligible for a free entry into the race. This is at the Club Race Secretary's discretion. The Secretary can only deny an otherwise eligible entry under rule 3 if, in his/her opinion, there are insufficient volunteers to safely stage the 10km event as assessed three days before the event date.
4. **Junior** members, where they or their parent/guardian(s) have offered help in staging the Fun Run. Those falling into this category are expected to enter and pay for this in the normal way using the website.
5. The fastest 3 male and female **members (excluding social)** in a 10km race as assessed over the last 12 months from the Club Rankings list will be eligible for a free entry into the race. This is provided they perform an allocated task before or after the race in helping to stage the event

Who cannot run in the Beverley 10km?

6. Those who have let their membership of the Club lapse (not renewed their membership) from the last membership year as assessed on the 20th April in the current year cannot run in the 10km event.
7. Any member who does not meet the requirements of rules 2, 3, 4, and 5.

Implementation

8. The overall implementation of these rules is the responsibility of the Beverley AC Committee, however the Race Director and Race Secretary will lead all implementation activities. The Race Secretary has a particular role in implementing rule 3. The Membership Secretary has a particular role in implementing rules 2 and 6. The Junior Coach has a particular role in implementing rule 4.
9. Anyone who has entered the 10km and does not comply with rules 2, 3, 4, 5, or 6 will be removed from the race entry list. Any payment for entry will be returned with a letter or email from the Race Director/Race Secretary outlining the reason(s) why.

¹ Junior, 1st Claim Senior, 2nd Claim Senior, and Social Members

10. In order to implement rule 3, the Race Secretary will:
 - a. review the lists of all those who have helped stage the 10km over the last four years to establish who has helped in at least three of those years then include those members on a list;
 - b. order the list according to the length of time since those members last ran the 10km- longest length of time at the top of the list;
 - c. establish those on the list with an equal length of time since last running the 10km, then order them by drawing names out of a bag conducted in public at Club Committee. Those first out of the hat will be placed higher up the list within their grouping;
 - d. update this list annually after each 10km event, on the basis of 'a, b, and c' above, except after the initial set up 'c' will only apply to those members joining at the bottom of the list year on year;
 - e. accept deferred entries via this list due to injury or otherwise undefined exceptional circumstances at his/her discretion. Those deferred will remain at the top of the list;
 - f. where practicable, establish the number of Club entries available via rule 3 well in advance each year. This is likely to be challenge however given the late notice provided by a significant number of volunteers each year making it very challenging to establish how many members can be 'spared' from helping at the 10km to enter via this route; and
 - g. let those entered into the 10km under rule 3 know of their place as soon as practicable. Race number and timing chip to be picked up from the race helpdesk on the day.