

East Yorks Cross Country League  
Race 2 - Drewton - South Cave  
10am Sunday 11<sup>th</sup> Nov 2018

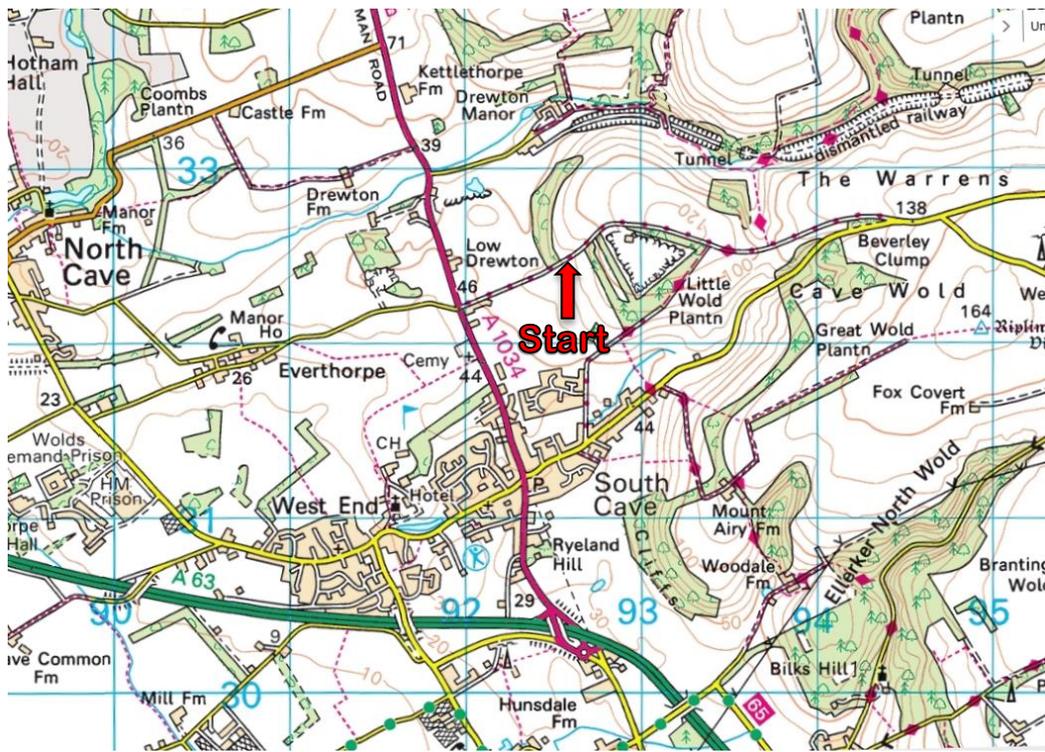
Hosted by Beverley AC & CoH AC

**Marshalls** - As Beverley AC & CoH AC are hosting this event marshals and timekeepers are needed. If you are injured and honestly unable to run please volunteer your services. Also help from friends and relatives would be greatly appreciated. Please [email](#) if you can spare your time. Thanks.

**Location** - Off the A1034 north of South Cave – see map below. Road will be signed on the day.

**Parking** - Please park well up the lane and sensibly, **not on the grass in front of the property's near the junction**. Space is available past the start/finish area by the quarry entrance. There is also parking on Everthorpe road which is opposite the road where the start is, but please park with other road users in mind. Please be prepared to park further afield and run to the start. Parking is also available on Beverley road and you can gain access to the start via Little Wold Lane and the path at the bottom of the lane and then through the woods. **Please car share as parking is very, very limited.**

If you park above the finish and NEED to leave early, when driving please consider later finishers.



We will be observing a moment of silence before the start of the race in remembrance and respect, your help in achieving a moment of quiet would be much appreciated.

**Route** - Same [Route](#) as recent years, **UNDULATING** woodland, footpaths and field edges. Take care on the section running alongside road, the road is **not** a part of the route – this will be staked & taped.

**Shoes** - Studs or “grippy” trainers recommended.

**Facilities** - This year we should have 3 portaloos near the start line but please prioritise these for the ladies were possible Gents....

**David Morrison**