



the Beverley 10k

THE 26TH YEAR

Sunday
12TH May 2019

from The Minster,
Eastgate at 10.00am

Enter Online
www.sportsentrysolutions.com

East Yorkshire's Premier
10k Race sponsored by

Pittaway
PAINTING & DECORATING
CONTRACTORS

PLUS

2k Fun Run

From Beverley Leisure
Complex, Flemingate at 9.00am

B&A
SCAFFOLDING LTD
Contractors, Hire & Trade



Beverley 10k Cash Prizes *For Male and Female winners*

1st £200 2nd £150 3rd £75

All runners will receive a quality t-shirt

Entry Fees (non-refundable)

UK Athletics Club Members - £16.00

Other Runners - £18.00

Fun Run - £4.00

Entries will open at
12:00 noon on Saturday
2nd February 2019

Current 10k Course Records

1995

Andy Lyons (30:17)
(City of Hull AC)

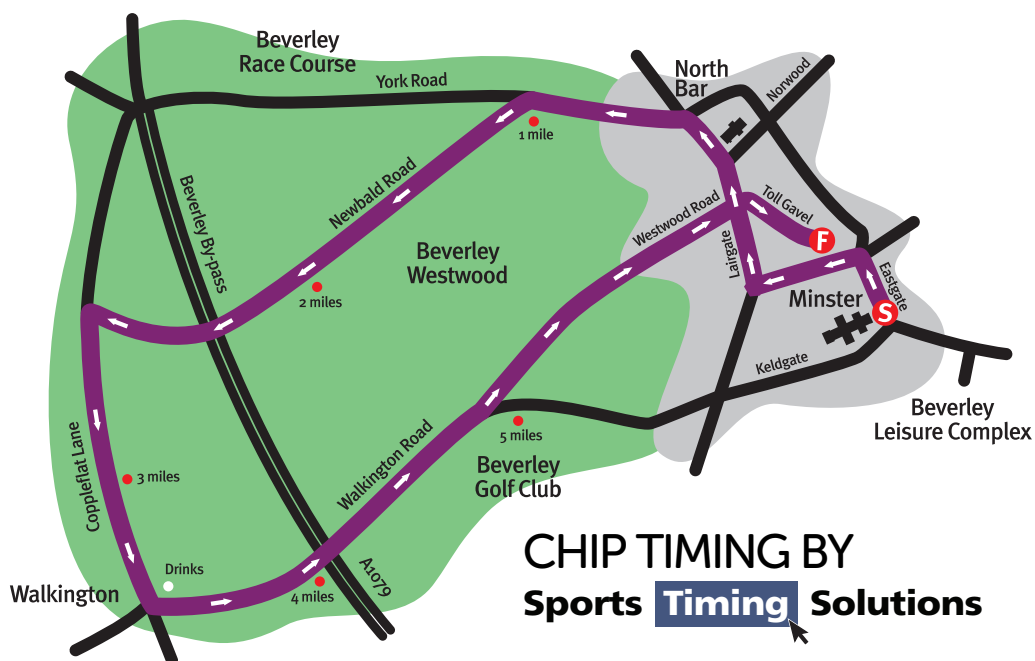
2010

Lizzie Adams (34:54)
(Hallamshire Harriers)

Equalled by Becky Rigby
(Preston Harriers and AC)

£200 Prize

for new course records



CHIP TIMING BY
Sports Timing Solutions

Route Description

The race starts outside the spectacular twin-towered Beverley Minster, regarded as among one of the finest gothic churches of cathedral size in Europe. It then passes through the medieval North Bar and across the glorious common land on the edge of the town, known as Beverley Westwood, towards the village of Walkington. Runners then return to Beverley's Market Place and the impressive finish through the town's market square and pedestrianised shopping zone.

Please note: This course is not suitable for wheelchairs. A time limit of 80 minutes to complete the 10k race will now be in place due to a police requirement to re-open closed roads as soon as possible. You are advised not to train on the full route as the roads between mile 2 (cattle grid) and Walkington traffic lights are particularly dangerous (this section of the route is closed to traffic during the race).

Race Details

- Under UKA Rules - Permit applied for
- Excellent course with town centre start and finish
- Quality t-shirt for all 10k finishers
- Water and fresh fruit from Pattison's at the finish
- Extensive prize list (see opposite for details)
- Limit of 1,850 runners for 10k and 300 for Fun Run
- Medal to all Fun Run finishers (250 last year)
- No entries on the day for either 10k or Fun Run
- Numbers and information pack will be posted out mid-April
- Adults running in Fun Run with children must enter the race
- Pushchairs are not allowed
- Min age for 10k entrants is 15yrs on Sunday 12th May 2019
- The wearing of headphones, or similar devices, (other than those medically prescribed), is not permitted and those caught wearing these will be disqualified.

Men

- 1st to 7th
- 1st two veterans
40-44, 45-49, 50-54,
55-59, 60-64 & 65-69
1st 70-74, 75-79 & 80+
- 1st under 18
- First two UKA Club teams (3 to count)

Women

- 1st to 7th
- 1st two veterans
40-44, 45-49, 50-54,
55-59, 60-64 & 65-69
1st 70-74, 75-79 & 80+
- 1st under 18
- First two UKA Club teams (3 to count)

Check out www.sportsentrysolutions.com/allraces.php
for the latest entry information.

Official Race Sponsor

Pittaway
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Further Information

realbuzz
runbritain.com



Official Partners

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