

Minutes of Beverley AC AGM held

Wednesday 24th February 2021 – Held Virtually on Zoom 8:00pm

Lucas Meagor briefly outlined protocols for the meeting and confirmed no recording was being made, only minutes taken. Rob Reid welcomed everyone to the AGM and expressed thanks to Lucas Meagor for the preparation.

The meeting was chaired by Rob Reid (RR), Minutes taken by Lucas Meagor (LM), Fiona Oakes (FCO) – Club Secretary also officiating.

1. Attendees & Apologies

57 members were recorded as in attendance with apologies from Andy Tate (President)

2. Minutes of 2020 AGM

Approved

3. Matters Arising –

i. 5 Chairman's Report – Three Yorkshire/National Peaks

... the club to consider a Yorkshire or/and National Three Peaks trip

LM advised he had taken this forward with Steve Newton but due to the coronavirus pandemic had held off organising anything currently. Plans are afoot to organise both in 2022 and anyone interested to let LM or Steve Newton know.

ii. 13a Single use Plastic

The club should stop using all single-use plastic bottles and seek suitable means to meet UKA licence requirements including options such as runners people bringing their own water in their own container or supplying small paper cups for them to fill from a large (reusable) water 'barrel' or from a tap.

The club to draft a letter to UK Athletics urging them to review licence requirements to include a target to cease use of single use plastics at all UKA licensed events by the end of 2023.

Fiona Oakes fed back that a letter had been sent to UKA and a response received, indicating that they have areas where they are considering improvement: Areas being considered are:

- Reduction of water wastage
- Alternatives to plastic cups & bottles
- Clear-up operations: recyclable plastics and waste disposal agencies – what does best practice look like?
- Event merchandise/Event Branding/Race Numbers-Bibs & Chips/Finishers Medals & Awards
 - reducing the environmental impact of these.

- Travel – promotion of car share schemes, club based or national scheme, promote public transport alternatives, provision of benefits and discounts to “green” runners.

The full letter and all the response documents are appended at addendum 11.

iii. **13b 10K T-shirts**

In the interests of sustainability offer a no t-shirt/memento option for the Beverley 10k and Walkington 10k to be investigated in conjunction with the sponsors with a view to make changes in 2021.

Proposal:

Given the delays to the 2020 events that changes are deferred to the 2022 events subject to the discussions with sponsors.

Proposed by: James Durham

James Durham advised that due to the postponement of Beverley 10K and cancellation of Walkington 10K in 2020, this had not been progressed, but Paul Allen had done some initial research. This would now be discussed with the sponsors for 2022's Beverley 10K given the arrangements for 2020 had carried over. This would be with the new Race Secretary.

The proposal was carried without discussion.

iv. **13c Club Runs Wednesday Night**

Warm up, pack runs, cool down – referred to committee

Fiona Oakes fed back that the general consensus was that this warm-up should be offered at 6:15pm and lead by a LiRF or CiRF if possible, and if none are available, then anyone with the knowledge or experience of the exercises could lead it. The announcements should then follow at 6:30pm with a move off at around 6:35pm. Due to the situation in the past year this hasn't yet occurred and will begin when club recommences.

4. Election/re-election of club officials

Rob Reid explained as there had been no contact or correspondence nor contact details for Pete Brown it was proposed he was removed from the list of club officials. Megan Chown advised she was stepping down as Photo Secretary with effect from the awards night 12 March 2021, joining James Durham as member's thanked for their time on the committee.

a Committee

Founder & Life President: President: <u>Committee/ Officials</u> Chairman: Secretary: Treasurer: Race Secretary: Kit Secretary:	Pete Brown Andy Tate Rob Reid Fiona Oakes Lucy Stamford <i>Lucas Meagor</i> Neil Bant
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Social & Trip Sec:	Jacqui Dickinson
Route Master:	Andy Johnson
Men's Captain:	Stuart Little
Ladies Captain:	Laura Emms
Juniors Coach:	Lewis Holloway
Press Officers:	Jackie Hardman
Membership Sec:	Cat Williamson
Handicap Sec:	Lucas Meagor
EYCCL Representative:	Sam Allen
Handicap Statistician:	David Robinson
Rankings Statistician:	Steve Walker
Photography Secretary:	<i>Paul Allen</i>
<i>Awards Arrangements Representative:</i>	<i>Rachel Woad</i>

Names in *Italics* are new/changed appointments since AGM 2020

The new committee make up was confirmed without objection.

b. Appointment of Welfare Officers

Rob Reid and Cat Williamson were reappointed without discussion

5. Chairman's report and review of 2020

Rob Reid reflected on the previous 12 months, most of which being since the pandemic had taken grip and thanked Lucas Meagor for putting the meeting together. Rob reflected the strength of the club and paid tribute to Steve Evins and the guard of honour the club gave him as his funeral cortege passed on Friday 18 September. The club look forward to being able to run Steve's favourite run, the Beaver Trail, together at some point this year.

Rob referred to the impact the difficult year had had on the club. The Beverley 10k sold out, with the 1800 limit reached in a few hours, meaning the club have been in the fortunate position of having money in the bank. Some entries have been refunded and the club hopes that the race can go ahead in the autumn. It is envisaged that the Walkington 10k may be able to take place at its usual point in the calendar, but this remains pencilled in. Races will still need the usual volunteer support with likely increased costs for traffic management. RR also remembered Dave Artley of B&A Scaffolding, who was victim to the virus and B&A have been a great support to the Beverley 10K. RR also stated the club will need help with race organisation with the trained 'traffic management' people who will have to renew their certificates (online) this year for free.

RR thanked James Durham, who is stepping down as race secretary, paying tribute to his forensic organising skills that have helped to deliver fantastic events over the last three years. Lucas Meagor will now take on this role and RR took the opportunity to say 'well done' and 'thank you' for organising the Dave Macdonald Haltemprice 10k in the autumn, a rare 'real' event in a year of virtually nothing. I just said a year of virtually nothing but the reality was that many people were inspired and got busy on behalf of fellow club members.

RR also thanked the following for inspiring and being busy on behalf of fellow club members:

Sam and Paul Allen (Hornsea beach runs); Paul Furness (social runs); Cath Snowball (quizzes); Andy Johnson (club running series); Nicole Dawson (baton relay); Bruce Woodford (Strava art);

Lucy Stamford and James Durham (Westwood and Swinemoor treasure-hunts). Alongside these RR thanked those who supported the club when it could operate during the year:

Andy Johnson for organising runs; Stuart Little for training, Lewis Holloway for training and expanding the junior section and Patrick Marshall for his dedication to the Couch to 5k participants along with all members of the committee for their continued efforts, who have continued to come together for monthly meetings online.

RR thanked Fiona Oakes for her thoroughly professional, dedicated perseverance, who has led the club through these dark times and helped everyone immeasurably.

RR concluded that he hoped that all members continue to value their membership and that the coming year sees a return to some sort of normality.

6. Secretary's Report

Fiona Oakes reported as club secretary:

i. Club Review with EA

Last Spring the club engaged with its Northern England Athletics representative to complete a club review, a survey members completed last April.

Based on all areas of the survey the club scored 46.6% which is above the national average which currently sits at 32%. This is a strong indicator that on average members see the club in a more positive manner than the national average. The recommendations are on the [club website](#).

Actions already taken:

- Welcome groups
- Risk Assessments
- Venues
- Positives:

"There is a strong community feel across the club which reflects the local area it resides within. Beverley AC is a real asset to the area, providing quality opportunities to local people and is well respected and supported by clubs in the area."

"committee appear extremely competent, working effectively in their roles and are a credit to the club."

Full details of these are found at addendum 12

ii. Road traffic management

18 members have completed their 'Road Traffic Management training' which enables and qualifies the club to conduct its own traffic management during licensed events. This includes road closures and diversions. This training is due to expire in September 2021 and FCO will be in touch to arrange the refresher training online.

iii. *COVID-19*

FCO outlined the work involved in enabling the club to cease and restart through guidance and some conversations with the club's EA contact, leading to a 'COVID secure environment'. This has allowed training in an almost normal environment, albeit with slightly reduced numbers in some sessions, and with each athlete filling in the form to declare they were symptom free and supported by LiRFs/CiRFs wherever feasible. It is envisaged this will continue when restrictions are lifted again and until we return to 'normal life'. This has also supported a response to a complaint made to the club.

Newsletters remain a core to communication and FCO expressed how she had been humbled by the support that everyone in the club has shown each other in one guise or another during the pandemic, summarising many of the ways and concluded how she is so very proud of the community that is Beverley AC.

iv. *London Marathon Club place rules*

FCO reminded the meeting of the club rules and those who wish to remain on the list to submit their proof of a 2021 ballot reject to FCO.

a. Amendments to Club constitution

6. iii. For the AGM to be Quorum, a minimum 25% of its senior members (1st, 2nd and ~~social combined~~ Young Adult 18-21) must be in attendance. (Membership taken as of 14 days before the AGM)

Proposed: Fiona Oakes, seconded by Lucas Meagor and passed without discussion.

7. Treasurer's Report

a. Receiving the Annual Reports of the Committee.

Lucy Stamford (LS) reported having resumed the role as operational Club Treasurer in 2020 and thanked Mike Blamires for his indispensable volunteering to help for an 18 month period.

LS highlighted that the majority of club income comes from the two races the club arrange and host – the Beverley 10k in May and Walkington 10k in July. The profit allows the club to support its members in social and athletic endeavors and club kit. LS added that this is why it's so paramount that everyone must step forward to support the race organisers to help make the event a huge success each year.

LS added that with these races cancelled the income cannot be carried onto the balance sheet (because technically they all could be refundable). Therefore as a club, for the first time in its history, a £10k deficit shows on the accounts of income over expenditure. While club funds remain healthy, should Beverley 10K be postponed for a further year this will have a bigger impact.

LS expanded how membership is the other main stream and was a major income for 2020 and highlighted that those who attended the 2020 awards would have recouped that fee alone on the subsidised night.

LS drew attention to the expenses and advised she can expand for anyone who would like more detail.

b. Receiving the audited Statement of Accounts and Balance Sheet

No further comment was made

c. Appoint/reappoint auditors for the following year.

LS proposed the following amendment to the constitution, seconded by Neil Bant.

Proposed amendment to Constitution

6. AGM

i. The AGM shall be held in the month of February of each year for the purpose of:-

- Receiving the Annual Reports of the Committee.
- Receiving the audited Statement of Accounts and Balance Sheet ~~annually~~ **annually** ~~biennially~~*.
- Appoint/reappoint auditors ~~biennially~~ **for the following two years***.
- Electing the Officers and Committee for the ensuing year.
- Adjusting as necessary level of Club Membership fees for the ensuing year.
- Reviewing and agreeing amendments to the Club Constitutional Rules of which due notice has been given to all members.

7 CLUB FUNDS/FINANCE

ii. The Treasurer is to ensure that club accounts are professionally audited

~~annually every two years~~ **annually** prior to the AGM.*

~~* For purposes of clarity in odd numbered years.~~

Steve Newton checked the cost would be £700, which was confirmed by LS. The amendment was passed and auditor reappointed.

8. Membership

Cat Williamson briefly summarised the report at addendum 1.

a. Fees

Proposal

All fees remain frozen at 2020/21 rates:

Senior members – (all first claim members over 21). Renewals £30, New members

£32 New members – 1 Jan- 31 March £17

Young adult - 18 to 21 - £17

Couch to 5k participant - £17

Second Claim Senior - Renewals £15; New members £17

Junior Members - £17

All new members also receive a vest

Honorary members – No fee, subject to agreement by the committee

Junior Coaches (non running) – No fee and UKA fee paid by club

In all cases, members suffering hardship may apply for free membership to the Membership Secretary

Proposer: Cat Williamson Seconded by Joshua Smith

Passed without further challenge.

9. Club events/activities

- a. **Beverley 10k and Walkington 10K** – James Durham summarised as per the report at addendum 2. LM added that work was beginning on options to hold both races in 2021.
- b. **Handicap Series & Knockout Cup** – LM referred to the report at addendum 3
 - i. Formal adoption of Race Series - addendum 3 – Proposed: Lucas Meagor - adopted
- c. **Annual Awards** – On behalf of Rachel Woad, LM referred to the report at addendum 4 and made mention of the Virtual awards night on 12 March, with thanks to Rachel Woad, Jan Stott and Sheila Walker for their part in the awards.
- d. **Away nights and routes** – Jacqui Dickinson referred to her part of the report at addendum 5. Andy Johnson expanded adding he would be looking at some shorter routes and new routes for this summer and that various new routes had been developed due to the lockdowns. Rob Reid added that the committee are in discussions over a base for Wednesday nights in the future.
- e. **Captains' report** – No further comments were made to the report at addendum 6
- f. **East Yorkshire Cross Country League** – Sam Allen expanded on the report at addendum 7 and expanded on social runs, mentioning running in groups of 6. LM asked that social runs be advertised beyond just Facebook as many members don't use social media. FO stated they could be advertised via the club newsletter.

10. Juniors

Lewis Holloway referred to the report at addendum 8 and added his thanks to the others who had acted as a team. RR mentioned that ex Beverley AC Junior, Becky Briggs, would be taking part in the Olympic Marathon Time Trials at Kew Garden's on 26 March.

11. Press Officer

Jackie Hardman referred to her report at addendum 9.

12. Club Kit

Neil Bant referred to his report at addendum 10.

13. Any Other Business

a. Charitable Links

Proposal:

The AGM directs the committee to investigate options for having a charity linked to the Beverley 10k and/or have a yearly chosen charity linked to other events. Any options to be referred back to the membership for approval.

Proposed by Cat Williamson Seconded: Neil Bant

Cat Williamson briefly expanded on the above proposal. Brian Young asked if it could be a local charity, echoed by Chris Peach and a number of other members. Sam Allen suggested adding £1 per

entry fee. LM clarified this would not be effective until the 2022 races. Another suggestion was inviting the chosen charity to the next event and having collection boxes. Other comments were made in the Zoom chat facility in favour of the idea and it was passed.

There being no further business the meeting was closed at 9:12pm.

Addendum 1:

Membership Report 2020/21

Our membership year started just after the start of the first lockdown. Despite this, and limited opportunities to meet, current membership is 241, showing the importance of lockdown activities. We have 23 new members reflecting the need for our new members support runners on club nights.

- 197 1st Claim – including 22 new and 2 young adults
- 6 second claim (including 1 new)
- 9 Honorary – members who support/have supported for many years but no longer run, other than occasionally, and never competitively.
- 25 Juniors and 4, non-running coaches

Free membership was agreed for members suffering hardship because of the pandemic. This will continue into 2021/2022. Please contact me if this affects you.

The committee propose no increase in fees for 2021/2022.

Cat Williamson - Membership Secretary

Addendum 2:

Race Secretary Report

As we all know 2020 was sadly a COVID wipe out in terms of the Beverley and Walkington 10kms. I was as personally disappointed as everyone else with this. We had planned some positive changes to the events including a Beverley Town Centre Fun Run route, new race HQ, and biodegradable cups for water all round. Alas, due to a range of personal circumstances 2020 was my last year as Race Secretary. I'm proud of what has been achieved with the events during my three years, particularly with regards to equality in prizes, clarity over race club places, and generally how smoothly the events have largely gone. I'd like to thank everyone who has volunteered their time to help with the races. In particular Rob, Lucas, and Fiona. So it is with slight sadness that I hand over the Race Secretary baton to Lucas as I have got a lot of satisfaction from fulfilling the role. I know however that he is the perfect man for the job and I wish him well in his new role.

James Durham – Race Secretary

Addendum 3

Handicap Races

We had a notable drop (39%) in participation in the 2020 series, with 89 members running 1 or more of the 13 races. However, we had 7 members run 10 or more, an unusually high number. With the bulk of the year's races cancelled, we turned to a range of virtual events and staggered starts. Whilst these were far from ideal it gave members a challenge. It also presented David Robinson and I with some challenges for handicap assessments. Despite the challenges, we still ran a 13 race series and the Knockout Cup.

2021 presents us with similar challenges and once lockdown restrictions are sufficiently lifted we will commence the series, continuing to adapt to the restrictions in place but also from what we have learnt worked or didn't work in 2020. It is planned to have two 'time trial' events when able to give members a chance to gain some race history. Details will be shared in the newsletter. My thanks to David for his ongoing work in calculating handicaps.

Lucas Meagor - handicap secretary

9.b.i Series proposed for 2021:

In the event a race does not take place either a replacement race may be used agreed by the committee or a virtual race will be organised on the corresponding weekend over 3 days either using a designated route or a route from member's homes supported by a GPS submission.

Date TBC – Ferriby 10

Date TBC - North Newbald reverse/staggered start 5 mile

Date TBC - Beverley Westwood Parkrun

9-11 April – Virtual Hornsea Third Marathon

Fri 30 Apr – Sunday 2 May – Virtual North Lincs Half Marathon

June – Top of the Wolds 10K

June – Walkington reverse/staggered 10K (club event)

Sunday 27 June – Humber Bridge Half Marathon

Sunday 4 July – Withernsea 5

Sunday 29 Aug – Gilberdyke 10

Sunday 5 September - Major Stone Half Marathon

October – Scarborough 10K including club bus

Sunday 31 Oct – Dave McDonald Haltemprice 10k

2021

Sunday 30 January (TBC) – Ferriby 10

Sunday in February – Club handicap race – Walkington, South Dalton or North Newbald

Lucas Meagor - knockout cup secretary

Addendum 4:

Awards

The 2019 awards (in March 2020) turned out to be our last event in a pre covid-19 world and we were fortunate it took place. Nonetheless, the new venue, Beverley Barn, worked well with very positive feedback and a couple of lessons learnt. Thanks to Rachel Woad, Jan Stott and Sheila Dixon for taking up the mantle of the organisation. We look forward to returning there (we hope) in 2022. The introduction of vouchers as an option instead of wine for prizes was also well received and will be continued. Our 2020 awards will, like most of life currently, be an online event on 12 March. We are working with Dot and Diode to facilitate an interactive night when we hope the club can come together (albeit virtually) to celebrate the achievements of 2020 despite the unusualness of the year.

Lucas Meagor - Awards co-ordinator

Addendum 5:

Away nights & routes

There have been no away nights with socials afterwards since the AGM of 2020. Jacqui Dickinson, Social & Trip Secretary

Hopefully in the near future we will be able to return to regular running routes in groups. As always I will continue to explore new routes for our members and welcome newcomers with a shorter option to help them gradually build up their mileage. Thanks very much for your continued support.

Andy Johnson - Routemaster

Addendum 6:

Captains' Report

Unsurprisingly, there is very little to report competitively from 2020, with almost every race since the last AGM cancelled. It was good to see the ingenuity of member's creating and taking the opportunity to do virtual runs through the year. Here is hoping that we can get back to some good competitive racing in the latter part of 2021.

Stuart Little - Men's Captain

Addendum 7:

East Yorkshire Cross Country League Report 2020/21

Following on from the very successful 2019/2020 league (93 Beverley AC runners taking numbers with the men's team finishing 4th overall and the ladies team 3rd) the end of the 2019/20 season saw the beginning of lockdown one and the end of season club reps debrief and planning meeting put on hold.

With nervousness around the vulnerability of some club Cross Country (XC) reps and the I.T capabilities of others the meeting was eventually cancelled with a decision to not plan for any 2020/21 races until clear guidance became available and the local running clubs were in a position to plan their rescheduled annual club road races and provide proposed dates for XC league races to slot in and go ahead.

We all know that most road races didn't happen. Further restrictions and lockdown tiers have prevented the planning for any XC league races in 2020/21.

I look forward to the 2021/22 season and hope you will all be ready to join me in what is an excellent local XC league, friendly, sociable, competitive running in some glorious locations. Here's a reminder of the races to look forward to and the usual dates for them.

- | | |
|--------------------------------|---------------------------|
| • Race 1 Bishop Wilton October | • Race 4 Sledmere January |
| • Race 2 Drewton November | • Race 5 Wetwang February |
| • Race 3 Langdale End December | • Race 6 Sewerby March |

Looking back we have managed quite a few socially distanced XC runs in groups of 6 and can continue to run in pairs. Enjoy exploring the trails in your local area and hopefully we can be back running together soon.

Sam Allen - Beverley AC Cross Country Rep

Addendum 8:

Juniors' Report from Lewis Holloway, Juniors' Coach

Since the first lockdown in March 2020, activity for the juniors has been very limited and racing almost non-existent, although there was a small number of track events over the summer. We have closely followed EA guidelines which have allowed us to do some training in a 'covid secure' environment, for some periods of the year. The coaches have also offered virtual support through some short videos over the summer, posting training ideas and offering individual support and advice on training to juniors on request. We have been limited to smaller groups of juniors when actually training but have been able to run suitable sessions for different age groups at different times. We have been unable to use our Grammar School site, so when training has taken place we have used mostly the Westwood and Cherry Burton playing fields, this has also meant we've focused just on running rather than the wider range of athletics activities. Despite all of this we have actually taken on some new starters during the year as there has been a lot of demand for outdoor activities for children, we have a good waiting list, and during lockdown we have had regular enquiries from parents about joining the club, so we are optimistic that when we can we will be able to get back to training properly and racing, and hopefully be able to invite more new starters to join.

Lewis Holloway – Head Coach, Bev AC Juniors

Addendum 9:

Press Officers Report

During the last year, press releases have not been as numerous as I would have like to lack of events and activity on which to report. A total of 4 press releases were issued during the year - in July, September and December 2020 and February 2021. A 5th article is due to be published in the local press at the beginning of March. In July, I did a radio interview with Beverley FM about the club and in particular promoting the Couch to 5 kms programme. Press releases are sent to Beverley Life, Just Beverley and Beverley Mag as well as to Beverley FM radio. I continue to look at any other avenues which may be appropriate in the future. Hopefully there will be further opportunities to promote the club and its activities through the local press and radio in the coming year.

Jackie Hardman - Press Officer

Addendum 10:

Kit Report

2019 ended with £418 in the club kitty and taking a few orders at the last AGM, I paid £469 at our committee meeting in March 2020.

We agreed to order some big bobble hats this year so purchased a minimum order quantity of 25 hats at £18 per hat. As usual the club pays for the branding cost so we have been selling these for £15 and have sold 13 of them so far. The total takings since March have been £252 which has been Bank transferred to the club during lockdown.

Most items other than vests, t-shirts and long sleeve shirts and big bobble hats are available directly from the club website via our partners H&K Embroidery in Driffield and they post to your home for a small delivery charge or you can collect from their shop on the Driffield High Street.

If anyone wants any of the club kit stock, my contact details are available at the end of the club newsletter so if you're quick enough you may be able to get yourself a lovely bobble hat before they run out, collecting from my house in Beverley. Here is hoping for the ability to meet up as a club more during 2021 where I can bring along the kit for you all to see more readily.

Neil Bant - Kit Secretary

Addendum 11

UKA: Enquiries@englandathletics.org

Dear Sir/Madam

REGARDING: Sustainability in UKA affiliated races

At our recent club AGM, one of our members raised a matter regarding the ongoing sustainability of races in the UK. As the secretary I confirmed I would contact yourselves to take this forward.

Do UKA have any guidance regarding implementing environmentally friendly measures in UKA affiliated races? It would be encouraging to see our governing body reviewing their license requirements to include a target to cease the use of single use plastics at all UKA licenced events by the end of 2023, for example.

I look forward to a formal response, in order that I can share it with our club members. Many thanks in advance.

Yours faithfully,

Miss Fiona Oakes

Secretary Beverley Athletic Club.

www.BeverleyAthleticClub.co.uk

Cc. Club Chair

By email only

Response from UKA.

Hi Fiona

Thanks for getting in touch regarding sustainability in UKA licenced races.

Green issues surrounding road races were being given a significant amount of consideration by runbritain (the UK Athletics arm of road running) and England Athletics this time last year as we recognise that more work could be done to reduce environmental impact caused by running events.

Areas being considered are:

- **Reduction of water wastage**
- **Alternatives to plastic cups & bottles**
- **Clear up operations:** recyclable plastics and waste disposal agencies – what does best practice look like?
- **Event merchandise/Event Branding/Race Numbers-Bibs & Chips/ Finishers Medals & Awards** - reducing the environmental impact of these.
- **Travel** – promotion of car share schemes, club based or national scheme, promote public transport alternatives, provision of benefits and discounts to “green” runners.

It should be noted however that some environmental factors such as car share, use of public transport, use of cups are currently discouraged for races held under Covid-19 restrictions.

Due to Covid-19, over the past year, both UKA and England Athletics have lost major income streams and there have been redundancies in both organisations as we have strived to serve the sport as best we can under the current difficult circumstances. As a result, projects such as the Green initiative have stalled, and it may be some time before we have the resources required to begin driving it again. When we do, your proposal to add a requirement in the UKA Licence standards to work towards the eradication of single use plastic is certainly worth exploring and we will look into it.

Currently, UK Athletics have within their rules the requirement for races of over 10k to provide water at approximately every 5k. runbritain has produced a proposal to remove this requirement from the rules and if this is done then a huge amount of waste caused by the distribution of water vessels will be reduced. I will keep you updated on progress.

I have attached the runbritain Fact Sheet on Environmental Issues, along with a paper produced by the Council for Responsible Sport who work closely with World Athletics which give details of what can be done by race organisers.

I hope that is of some help and please get back to me if required.

Kind regards
Gavin

Addendum 12

EA Review Recommendations already action

(taken from the Secretary's annual report)

Welcome groups – The committee has long since felt we need to better support newcomers to the club. Back in November the committee developed the “Welcome Runner” initiative which involves two individuals rota’ed each week to support potential runners at 2 paces. These people can tell them all about the club and then think about who to signpost them to for future runs who might be well paced on distance and speed. We will start this process once club sessions recommence. In a similar vane before lockdown I was also trying to arrange those who want to be, to be arranged into groups of pace, from approx. 8:00 min mile through to 11:00 ish. We hope to establish this properly when we are back. The aforementioned mass Warm up exercises will also help and we will start these when club returns. Both these initiatives will help the Welcome Runner signposting new people the following week.

Risk Assessments – We have created a series of Risk Assessments already brought about by the requirements for generating a COVID secure environment. They cover this and other issues and risks. Again they are available via the [website](#).

Venues – A lot of people have felt like the Leisure Centre does not make for a very welcoming environment for our club runs. Obviously not an issue for now, but we have had casual discussions outside the committee about this venue. The other venue that we feel is not fit for purpose is the new sports hall that we were moved to at Longcroft for Circuits. We are actively trying to find an alternative to this.

Finally, I want to draw your attention to 2 points of the review findings that I am particularly proud of.

EA found that “There is a strong community feel across the club which reflects the local area it resides within. Beverley AC is a real asset to the area, providing quality opportunities to local people and is well respected and supported by clubs in the area.” I feel this is down to you, the member and I thank you for it.

Finally, on the club review, they also said the “committee appear extremely competent, working effectively in their roles and are a credit to the club.” A statement I would echo.