



Minutes of Beverley AC AGM 2022

Wednesday 19 October 2022 – Beverley Cricket Club 7:45pm

Chair: Rob Reid

Minute Secretary: Lucas Meagor

1. Attendees & Apologies

71 number of members were in attendance, 5 of which attended online including the minute secretary. A list is held with the club records.

Apologies were received from: Steve Ogden, Pam Atkins, Andy Johnson (Routemaster), Fiona Holland, Andy Wilks, Sam Jaram, Gary Walford, Gemma Southwell, Allison Hayward, Anthea Hutchinson, Paul Duxbury, Mandy Whittingham, Lewis Holloway (Juniors Coach), Ken Pearson (Ranking statistician), Sarah Pearson, Cat Williamson (Membership Secretary), Alex Guymer, Alison Benson, Lynne Stabler, Peter Garrett, Paul Readshaw, Rod Turner, Steve Walker, John Parish, Rachel Woad (Awards team lead), John Dawson

2. Minutes of Feb 2022 AGM

Proposed as a true record by Lucas Meagor. Passed without further comment.

3. Matters Arising –

i. 3ii Matters Arising - 10K T-shirts

Lucas Meagor as Race Secretary confirmed this had been discussed with the 10K race sponsors, Pittaway and Specsavers. Both wished to have a T-shirt with an opt out for entrants to instead has a fee donated to charity. This will be a minimum £2.25. This will be reviewed this year after both races.

Proposal:

Offer the opt out and donation option for 2023 to further review with the sponsors post the 2023 races.

Proposed: Lucas Meagor

Agreed without further discussion

ii. **7a Receiving the audited Statement of Accounts and Balance Sheet**

James Durham enquired why there was only £3 interest. Lucy Stamford advised she'd look into if this could be improved.

Lucy Stamford added that currently 0.5% interest on current account and that other options will be taken to the committee that could improve this.

iii. **12a New Club Kit**

That club funds are used to provide all current members with the new style club vest. This vest would become the club kit for official races and allow the new club T-shirt to be worn as club kit. The funds used for this purchase would be the surplus prior to any decision on the level of charitable donation.... Given the feeling in the room, it was proposed to go to the committee for a final decision with further costings known.

The agenda stated: 'The Committee reviewed the options and it was agreed that this would not be progressed as suggested as outlined within the Kit Secretary report at addendum 11, occurring on the environmental impact, design issues and relatively recent acquisition of a new kit for members. Further proposals are within item 13 of the agenda.'

Rob Reid advised this would be discussed later in the meeting.

iv. **13a Club Committee**

'The committee review its membership to assess a minimum number to make up its number and other club members with roles to be approached about being a committee member. To report back to the October AGM'. Though not proposed, it was expanded that an expectation that certain core roles such as chair, secretary and treasurer would remain on the committee by virtue of their roles.

The proposal for this was covered in item 4a of the agenda.

4. Chairman's report and review

Rob Reid (RR) gave his report, which gave thanks to the minute secretary joining from Qatar, thanks those of the committee who give their time for the club along with a large number of active members. Outgoing committee members, Paul and Sam Allen, were thanked as they continue their roles outwith the committee structure.

The committee are discussing a change to the options for qualifying for free membership beyond the running 10 handicap races a year to possibly include volunteering in lieu of running and taking part in other activities to represent the club.

RR has stepped down as a Welfare Officer in line with England Athletics guidelines around impartial non committee members being on of the officers and highlighted a concern around comments that have been made online and the need to be aware of the boundary between banter and unsuitable comments. The club has also updated a number of documents related to these changes and observations in line with England Athletics requirements.

The club will mark its 30th anniversary in 2023 and ideas are being explored and welcomed on how to mark the occasion.

The Juniors flourish, the club has sent multiple teams to events and there are areas for improvements on how we manage groups.

RR concluded thanking members for their time and commitment to the club.

a. Amendment to Club Constitution:

5. MANAGEMENT

- i. The Management of the Club is vested in a Committee consisting of the following members:- Chairman, Secretary, Treasurer, Race Secretary, Men and Ladies Team Captain's, Press Officer, Junior's Coach, Membership Secretary ~~Kit Secretary, Social & Trip Secretary, Route Master, Handicap Secretary, EYCCL Representative, Rankings Statistician, Handicap Statistician, Awards co-ordinator and Photography Secretary.~~ **and 3 club additional members from the club membership. If a committee member has dual roles then additional members should be appointed to make a committee of 12 persons.**
- ii. **The three (or more) additional members can also hold a role under clause 5.v.**
- iii. **The Committee** ~~All the foregoing~~ shall be elected at the AGM and remain in office until the conclusion of the AGM the following year.
- iv. Should vacancies occur midterm the Committee have the right to appoint replacements by co-opting a member agreed by a majority vote of the Committee.
- v. The Committee may be supported by sub-groups as required **and appoint the following roles within the club: Kit Secretary, Social & Trip Secretary, Route Master, Handicap Secretary, EYCCL Representative, Rankings Statistician, Handicap Statistician, Awards co-ordinator, Photography Secretary, Social Media co-ordinator and other roles it deems necessary within the life of the club. These will** report to the Committee as requested.
- vi. **The positions of Chairman, Secretary, Treasurer must be held by separate individuals. Any other club role can be held in tandem by any club member.**

Proposed by Paul Allen, Seconded by Jed Holden.

The chairman outlined this proposal came out of the discussion which resulted from the February AGM and reflected that the club's structure had evolved and this enabled a distinct line for the committee going forward. There being no further comments, a vote was taken with a majority voting in favour and 1 abstention.

b. Adoption of Beverley Cricket Club as the home of Beverley AC

The Chairman summarised the current situation and that after a year the Cricket Club Committee had not yet met to review an option of the [Beverley Athletic] Club finding a halfway house to membership which wouldn't place the [running] club in a potential liable or charitable status. No further action was required by the AGM.

5. Election/re-election of club officials

Following the amendment accepted in point 4a, the reduced committee was proposed as follows:

a Committee

Chairman:	Rob Reid
Secretary:	Fiona Oakes
Treasurer:	Lucy Stamford
Race Secretary:	Lucas Meagor
Men's Captain:	Rob Sparkes
Ladies Captain:	Lauren Turner
Juniors Coach:	Lewis Holloway
Press Officers:	Jackie Hardman
Membership Sec:	Cat Williamson
Committee Member (Kit Secretary)	Neil Bant
Committee Member (Social & Trip Sec)	Jacqui Dickinson
Committee Member (Route Master)	Andy Johnson

Ex-officio – President – Andy Tate

All were (re) elected

b. Reappointment of Welfare Officers

Richard Uttley and Cat Williamson

Fiona Oakes (FO) asked Richard Uttley to stand up by way of introduction and explained that one of the Welfare Officers was required to be a non committee member from an England Athletic recommendation. Therefore Rob Reid has stepped away. Fiona give some brief background to Richard's appointment and confirmed his details will now be updated online.

Fiona also added she hoped any member could approach any other member in order to raise concerns and ideas; are always open to suggestions and improvements and, as a club, take the safety, enjoyment and protection of our members very seriously.

The AGM confirmed both appointments

6. Secretary's Report

FO gave her report, as outlined in addendum 13

7. Treasurer's Report –

Lucy Stamford summarised her report at addendum 1 without any further comment there being no accounts to present due to the changed AGM date.

8. Race Secretary Report

Lucas Meagor(LM) referred to the report at addendum 2 and then gave background to the proposal below, supported by Lucy Stamford, noting the funds raised by the link is much higher than the club's direct donation from this proposal.

Paul Allen clarified it was from the club's annual surplus income. Emma Greensmith and Steve Newton also made enquires offer the proposal. LM clarified that while, in essence if the club made £100 surplus then only £5 would be donated under the proposal it was not recommended that it be as rigid as that by the accountant.

a. Proposal

The club donates 5% of the annual surplus for the 2022 accounts and thereafter uses a principal of donating 5% of the club surplus annually to the nominated charity of the year.

Proposed: Lucas Meagor Seconded: Lucy Stamford

The proposal was carried by a majority

b. Charity of the Year 2023

Six charities are out forward for a vote:

- | | |
|---|--|
| • Hull Animal Welfare | • East Yorkshire Foodbank |
| • Beverley Community Lift | • FIND Charity |
| • Northern Hull Community Development Limited | • East Riding Stroke Support Service |

The six charities were put forward as above to a simple show of hands for each members chosen preference. East Yorkshire Food Bank was selected with voting as follows:

East Yorkshire Food Bank – 30

Beverley Community Lift – 17

FIND Charity – 7

East Riding Stroke Support Service – 6

Hull Animal Welfare – 5

Northern Hull Community Development Ltd – 1

No vote cast –

LM will make contact with the charity to put arrangements in place.

9. Membership

a. Fees

Proposal:

Renewing Senior member over 21 £31

New Senior Member £33 includes a club vest

Young adult - 18 to 21 - £18

Couch to 5k participant - £18

Second Claim Members £15

New Second Claim - £17 includes a club vest

Juniors - £18

Honorary members – No fee, subject to agreement by the committee

Junior Coaches (non running) – No fee and UKA fee paid by club

In all cases, members suffering hardship may apply for free membership to the Membership Secretary

Proposer: Cat Williamson (in absence)

The proposal was put forward on behalf of the absent Membership Secretary by LM and referred to addendum 3 for a report. FO added that the club would be swallowing the cost of the increase in England Athletics fees. A healthy debate followed around the second claim members costs. Adrian Hancock asked how many second claim members there were – FO confirmed 11 and LM added this

was higher than recent years with 5 more in last year. Neil Bant, Lauren Turner made further comments with a proposal that the committee review the second claim fee. This was revoked when LM clarified the figures and the reasoning. The proposal was put to a vote and carried by a majority with 5 against and 1 abstention.

b. Club Standards

See the four policies at: [Beverley AC Club Standards](#)

Fiona Oakes outlined the codes of conduct that Cat Williamson and she have worked on to fulfil England Athletics (EA) requirements in order for us to renew our affiliation this coming membership year 22/23, we are required to confirm we had started this process.

The club now have a set of documents based on templates provided by EA, that cover:

1. Safeguarding
2. Grievance and Disciplinary policy
3. Inclusion policy
4. Appeal process

Each of these documents have been tailored for Beverley AC members. They are important for the protection of ALL. Members will be asked to confirm on their next renewal their awareness of their existence and that they have read them.

10. Club events/activities

a. Handicap Series & Knockout Cup

LM added to the report at addendum 4 that the benefit of the AGM new date meant the AGM could approve all dates before (majority) entries opened or races had occurred.

i. Adoption of 2023 Race Series

Ferriby 10 - Jan
Snake lane 10 - Feb
Dalton Dash 10k - Mar
Parkrun (Traditionally Beverley Westwood) – Date TBC
Hornsea Third Marathon - Apr
Humber Bridge 10k - May or Jun unless it clashes with the Wolds Relay (in lieu Goole 10K)
Humber Bridge Half Marathon - Jun
Withernsea 5 - Jul
Laxton 10k - Jul
Major stone Half Marathon - Sept
Dave MacDonald Haltemprice 10k- Oct
Deepdale Dash 10k - Nov
N Newbald 5 and Walkington 10k handicaps, likely May and August or September
Proposed: Lucas Meagor

Martin Greensill, Kay Farrow asked about how races were selected and the Parkrun date. LM advised that races are selected based on feedback, popularity within the club and attempting to add at least a new race each year (Laxton in this case). Parkrun would be the same date and venue. AGM passed the proposal

b. Annual Awards

LM confirmed the night and awards process would follow the usual arrangements with a date set for March 2023.

c. Away nights and routes

Jacqui Dickinson added to the report at addendum 5 that there had been some great nights and routes

d. Captains' report

Rob Sparkes added to the report at addendum 6 that the club offers to cover coaching costs and any feedback welcome and can be given.

e. East Yorkshire Cross Country League

Sam Allen gave highlights from her report in the addendum 7

f. Photo's

No further comments added to the report at addendum 8

11. Juniors

Lewis Holloway's report was noted at addendum 9 with no further comment

12. Press Officer

Jackie Hardman had nothing to add to her report at addendum 10 and RR noted her sterling work

13. Club Kit

Neil Bant did not add to his report at addendum 11. RR summarised the committee's extended conversations over the last few months on the matter arising at 3.iii. Neil Bant then outlined his 3 proposals. There followed some considerable debate with contributions from Steve Newton, Emma Greensmith, Lucy Stamford, Jed Holden, Peter Naylor, Fiona Oakes, Rob Sparkes, Paul Allen, Nathan Cobb, Ben Atkinson and Steve Walker. Points included clarifying the arrangements for kit at Nationals (Must be matching for all runners and not mixed options) and East Yorkshire Cross Country League (Club kit but variations allowed); using a UK based firm and not on in China; there being no additional Santa suits purchased by the club; canvassing members about the environmental approach and do they want a free vest.

Paul Allen put a counter proposal forward of: "All members receive a new vest". LM confirmed this should be allowed if a member of the AGM was happy to second the proposal. A seconder was not noted by name before a vote was taken and the counter proposal lost with 11 in favour and 40 against.

Votes were then taken on each proposal:

a. Kit Purchase for members

Rather than purchase everyone a new vest and either provide it for free or increase club membership fees, the following are proposed.

Proposal 1:

The club progress with a new design vest based on the new [Scimitar] t-shirt but ensure that it meets existing club vest colours. Subject to the committee reviewing the design, the club would look to purchase these as other vest sizes run out in small quantities. New members would get a new vest once old vests in that size have run out.

Proposer: Neil Bant

Carried with 35 in favour and none against.

Members are encouraged to register if they would like a new vest, which currently cost approximately £24 each for small quantities from Ronhills made from recycled polyester technical fabric.

Proposal 2:

Existing members can purchase a new vest with the club subsidising purchases for existing members at a reduced price of £15 including VAT.

Proposed: Neil Bant

Carried with 56 in favour

National and northern road relays and cross country events need relay teams in exactly the same vests

Proposal 3:

Anyone attending these events who has not already purchased a new vest gets a free new vest for 2023 events as part of giving up their time to represent the club.

Proposed: Neil Bant

Carried with 54 in favour

14. Any Other Business

No other business was submitted and the meeting closed at 9:26pm

Addendum 1

Treasurer's Report

The club accounts are audited quarterly by a qualified chartered accountant the club has had a relationship with for a number of years now, JP Accounting Solutions based in Beverley. The 2021 accounts were presented in February and so only a short report.

I say this every year but it's so important - most people are aware that the vast majority of club income comes from the two races the club hosts each year, and the profit allows the club to support its members by paying for the club HQ and heavily subsidising both our social and athletic endeavours, as well as club kit. This is why it's paramount that each and every one of us must generally step back from running the 10k's and step forward instead to support the race organisers to help make the event a huge success each year, as it is in everyone's interest to do so.

A good example is that if you buy a ticket for the presentation evening in March next year, you will have nearly recouped the majority of your membership fee in one go because the event is so heavily subsidised by club funds, including for member's partners.

One of the proudest things I can report is how much we have been able to help our 2022 nominated charity this year - Dove House will receive a generous donation of between £4-5k for various endeavours raised by the initiative of us having an annual charity. (see Race Secretary report for how this has been achieved)

£1000 was also raised for Ukraine earlier in the year at our event with Barton & District AC, organised by Andy Johnson. Being able to help society's neediest and most vulnerable is a privilege. Each and every one of you who has volunteered at an event, baked a cake for Jayne's stall or did the Santa run has contributed! Simply brilliant – thank you! Lucy Stamford

Addendum 2:

Race Secretary Report

2022 brought about a return to the usual race calendar for the Beverley and Walkington 10Ks and fun runs. Thanks to Graeme Pittaway and Jeremy Beesley for facilitating sponsorship through Pittaway and Specsavers respectively. Entries did not sell as quickly as previous years, a reflection of a post covid race landscape. The events generate a substantial income for the club which enables us to subsidise activities as reported by the treasurer, totalling over £20,000 this year. Despite the slower uptake, Beverley 10K saw a record 1,900 entries for the 10K. Fran Ibson and Jo Rowland's amazing work on social media has helped engaged the races and reach out to new audiences. 2022 also saw an update to the rules for club members enabled to run the Beverley 10K and this has benefitted the club overall with more flexibility.

East Riding College remained a very enthusiastic partner and proved to be a continued success as Race HQ. Members giving up their time to support the races in various ways help enable them both to go ahead as smoothly as they do with thanks to Cath Snowball and Phil Belton leading on the marshalling arrangements.

The requirements to meet the needs of East Riding Council to obtain the necessary approvals continue to require additional measures and resident leaflet drops and a professionally audited traffic management plan will enable us to retain the good standing we have thus far.

2022 also saw our first year with a nominated charity and Dove House Hospice have been very grateful for the funds generated through the races via donations made with entries; the equivalent T-shirt cost donated if the entrant forfeited a T-shirt; sales at the Walkington cake stall; donations to the stand on the day of both races; sponsorship money raised by runners for Dove House via the complementary entries given and their additional team and this will be supplemented by the Santa run donations and the percentage given from our surplus. In total it is likely to be over £5,500.

2023 sees the Beverley 10K clash with the Rob Burrow Marathon in Leeds and the weekend of Eurovision. The former will have attracted many entries from local runners, but I do not believe will drastically impact our entry levels given we always have more runners wanting places than we have available. Eurovision may just mean the Race Director is feeling a tad hungover on race day!

Lucas Meagor, Race Secretary/Director

Addendum 3

Membership Report 2021/22

Club membership numbers continues to be strong. There are always members who do not renew in April for a range of reasons but numbers remain consistent, as already this year we have 30 new members. The Welcome Runner system continues to work well and new members have given positive feedback about this. My thanks to the Welcome Runner Team. If any member wants to join the Welcome Runner Team please let us know.

Our current membership stands at:

258 - full members (11 second claim)

44 - Junior Members

3 - Non running Junior coaches

8 - Honorary members (members who support the club at events but don't themselves run).

Membership Fees

England Athletics have not indicated any increase in registration fees for April 2023 -2024. They are currently £16 of your membership fee. Because of our move to the Beverley Town Cricket & Recreation Club (BTC& RC),it is possible that this could impact on our membership fees for next year. However at this stage we are not in a position to know what this impact would be. Therefore, I propose that the membership fees remain at the 2022/2023 levels unless EA increase their registration fee. If there should be any other change as a result of affiliation with BTC&RC this would be done in consultation with members.

Cat Williamson, Membership Secretary

Addendum 4

Handicap Races

The 2022 series has 3 races remaining and has seen a good participation rate. Kilham 10K and Doncaster 10K make appearances as new races as we close the year. The two time trails in January proved a popular feature with plans to run them again in early 2023.

Steve Walker has stepped down as rankings secretary and Ken Pearson has taken on the role with Dan Waslin supporting. This will further look to expand the support of handicap results with David Robinson with some minor tweaks for the series in 2023 to be made. Ken has made a quick start with processes for capturing data to support statistic collation to enable handicaps, weekly race results and award considerations to be more fluid and consistent.

Lucas Meagor, Handicap Secretary

Addendum 5:

Route master and Social & Trips Report

This year has proved to be difficult for the away nights as our club is now so popular and expanding in numbers. Venues have been a challenge to find but we have worked wonders with new places and nice

routes to run. The feedback received has been very positive and thanks to the members for their continued support. As for our regular Wednesdays we've been really pleased with numbers and hope the new routes have suited everyone. As always Andy is open to new routes and ideas.

Andy Johnson, Route master and Jacqui Dickinson, Social & Trip Secretary

Addendum 6:

Captains' Report

Firstly, the captains would like to say a massive thank you to Stuart and Laura for their previous hard work over the years and continued support.

We have two amazing team events coming up, with the Northern Cross Country relays in Sheffield on 22nd October and the English Cross Country relays in Mansfield on the 5th November with lots of you signed up! The club has kindly offered to put on transport with the fantastic juniors accompanying us at Sheffield. We will keep everyone updated how these events progress.

We look forward to our new roles and hope more and more people join us at the national and northern events, where we can represent Beverley AC as the loudest and best club around! We are always here for any questions and will start to bring new events and sessions as we go along!

Thanks

Rob Sparkes & Lauren Turner, Team Captains

Addendum 7:

East Yorkshire Cross Country League(EYXC) Report

At the last AGM report, Four of the six 2021/22 races had been completed and Beverley AC were in a really strong position. We had more than 50 runners competing in each of the races and our ladies and men's team were in second and first place. We continued with our fantastic form and finished the season in March at Sewerby with both our men's and ladies team winning the overall league placing. Lots of individual prizes were won by Beverley AC members with Rob Sparkes, James Johnson and Dave Morrison coming 1st, 2nd and 8th overall in the men's competition and Cath Snowball and Demi Lidster 2nd and 4th in the lady's competition.

The enthusiasm, team spirit and brilliant performances at the races from all our runners were a real credit to our club. It was really nice to see our new runners taking part as well as long standing members of all age categories and running abilities taking part and winning prizes. Billy Pike, Mark Dalton and Alan Flint winning men's vet prizes and Emma Greensmith, Sam Allen , Nicola Riley, Jayne Dale, Viv Williamson and Pam Atkins winning lady's vet prizes.

AT the time of writing, we are preparing for the first race in the 2022/23 season. This season sees some changes to the scoring, with the first 4 ladies from each club scoring for their club team rather than the

first 3 and an update to the age category prizes to bring the ladies and men's categories to the same starting point.

Currently 121 Beverley AC members have registered to run in the league for the 2022/23 season. This is more than the other competing clubs in the league and around 40% of our club membership. I have again taken on the role of registering all runners from the 10 clubs in the league and preparing the race results and awards for the league for the 2022/23 season and will be an active member of the league committee. In addition, Beverley AC, with support from City of Hull, will host race 5 scheduled for February 2023 using a new course on the Beverley Westwood. Facilities at the racecourse have been booked, permission has been given to use the course and further details of the route and the help needed to host the event will be published nearer the time.

Although I am now standing down from the Beverley AC Committee, I intend to continue with my work for the East Yorkshire Cross Country League and keep my position on that committee. I hope you will all continue to support the league. I am really proud of our position and I am really looking forward to this season starting and believe we are in a really strong position to again show the other 9 clubs in this league that Beverley AC has some really talented, enthusiastic, determined runners that together can show great team spirit and retain the overall position in the league.

Sam Allen, Beverley AC Cross Country Rep

Addendum 8:

Photo Secretary report

Since the last AGM, and following agreement of the Committee, the routine archiving of photographs for the club is no longer taking place. The main use of these photographs was to support the presentation evening slide shows. Prior to this, social media was trawled and photographs were copied and archived separately. This was time consuming, filing each photograph for easy retrieval.

In excess of 4,000 photographs were archived last year, only a tiny fraction of these were actually used. No photographs were submitted direct via the email link on our website, all were harvested from social media. Research for photographs on social media is relatively easy and negates the need for any to be routinely saved separately.

I will continue to use the photographs posted on social media to maintain the Gallery on the website. The Gallery will be used to show Beverley Athletic Club in a positive light rather than a detailed record of events members have been involved in. Significant and interesting photographs will continue be saved to a separate archive from wherever they are seen or if they are submitted via the website link.

You will have heard of my intention to stand down from the committee. I would like to thank the committee for their support during my tenure. With their agreement I will be happy to continue updating the club photographs and to be called upon to provide help and assistance where needed.

Paul Allen – Photograph Secretary

Addendum 9:

Press Officer's Report

I am delighted to report that the year has seen plenty of activities and events on which to share and celebrate successes and to generally promote the Club. 12 press releases were issued during the year. Press releases are sent to Beverley Life, Just Beverley, Beverley Mag and Hull Daily Mail, as well as to Beverley FM Radio and BBC Radio Humberside and I continue to look at any other avenues which may be appropriate. A copy of any press release issued is also sent to the Club Secretary, who puts it on the Club website for information and for members to read it. In addition, whenever possible, I post a photograph of the actual published article on the Club's Facebook pages for members' interest and information.

In the press releases, I try to include information about a specific event or aspect of the Club as well as a more general summary of events and activities in which the Club and its' members have been involved in the previous month, as well as events that are coming up in the following month. As press releases are required by the middle of the month, I do try to word it appropriately and may not always have the necessary results to include! Information to include in the press releases is gathered from the weekly Tuesday newsletter emailed to members as well as from posts on the Club's Facebook page and I do appreciate members alerting me to events and activities that they are involved in and which I may have otherwise missed!

In conclusion, I hope that, as the Club's Press Officer for the year, I have reflected the wide range of events and activity that the Club and its' members have supported and taken part in and wish you all the very best for the coming year.

Jackie Hardman, Press Officer

Addendum 10

Juniors' Report

Over this year we have been able to expand the Beverley AC Juniors section so that we currently have 45 active junior members aged between 8 and 17, led by a team of two Athletics Coaches and eight Coaching Assistants. Three Coaching Assistants have just started their full Athletics Coach qualification, which will give the coaching team more flexibility and allow us to recruit more juniors from our long waiting list. We now train as three groups, based on the different abilities and needs of different junior athletes. For winter training for the primary school age group we have secured space at the Leisure Centre. The juniors have represented the club at many events over the year, including the West Yorkshire Cross Country league (a very competitive league which we attended for the first time in the 2021 season, and we have just started the 2022 season), the Humberside track and field league (where our juniors competed in running, jumping and throwing events), Humberside cross country and track championships, the Northern cross country championships, the inter-counties cross country event, and many other races and fun runs, along with many parkruns. We also enjoyed taking part in the Westwood relays in mixed teams with the seniors. The coaching team is grateful to the club for its continuing support of the Juniors section, and we are very proud of the commitment and effort shown by all of the juniors in their training and racing, and the great team spirit and sportspersonship they continuously demonstrate.

Addendum 12:

Kit Report

Since last AGM club kit takings has been £152. This excludes takings from new named t-shirts where people paid money direct to the Beverley AC account online.

We have agreed at committee that no new Santa suits will be ordered. A limited supply of reusable Santa outfits are left on a first come first served basis. After this stock is depleted members will need to source their own Christmas outfits. This is to assist us in continuing to be environmentally conscious when purchasing kit.

We used a new company called Scimitar for our newly designed club t shirts. The design of the new t shirt was agreed from a selection of designs to modernise our kit with the ability to incorporate the design as part of the t shirt production rather than an overprint. Although the design has taken our club look forwards, we were not impressed by the colour blue that was produced versus our current Ronhill kit colours.

ACTION POINTS FROM AGM

There was a previous agreement at the AGM in February to also purchase the new t-shirt design for a restyled Club Vest and provide every member a free new vest. (*agenda item 3.iii*)

When we received the new t-shirts and they were not quite as we expected we needed to review this decision. The committee was presented with costs to provide everyone with a new vest amounted to £3,600 including VAT for 300 vests from Scimitar. With other decisions like relocation to the cricket club and the unknown long term costs of this and the environmental impact of giving everyone a new vest, it was deemed to be an unnecessary expense at this time, voted by the majority of the committee.

Subsequently the East Yorkshire Cross Country league has agreed all club kit can be used to represent the club as long as it is clearly displayed. As this is a major event for our club this is one series where new and old vests, t-shirts or long sleeve shirts would be acceptable to use.

It is appreciated the current vests do not look as modern as other local clubs so compromises are proposed within the main body of the agenda.

Neil Bant, Kit Secretary

Addendum 13

Secretary Report

Newsletters

The bread and butter of my jobs is the newsletter. You will notice that you receive this any time from about 6pm on Tuesday evenings, to Wednesday mornings. And sometimes if I need to send corrections you get several per week.... More value for money I say. If anyone ever has an item for the newsletter please just email the secretary email address and let me know. I'm always reliant on our club and committee members to provide the info I need to publish in a timely manner. This goes from anything from weekly routes, to what food choices we get at an away night. As ever I am grateful to everyone for their swift contributions. It always makes my life easier.

London Marathon

The club list has hit the giddy heights of 49. If you are determined that you want to (one day) do the London Marathon, stick with Bev AC and you WILL get the opportunity. You might just be a little older when you do. Make sure you sign up to the ballot every year, and make sure you keep your membership current. (There are exceptions to the ballot rule by the way, like illness, injury or even worse, pregnancy!) Full rules are available on the website. As an aside I am waiting for an influx of messages in the next few weeks when people don't get in through the ballot, so they can remain on the list.

YVAA Champs

In March we will host the Yorkshire Veterans Athletic Association Championships. These races will take place over the Westwood on a route as yet to be agreed. The headquarters and car parking will be at Beverley Racecourse. Please do volunteer when the time comes. I really want to ensure that this is a quality event up to Bev AC's normal high standards. FYI....You are a veteran at 35 in the running world... I know ... right. You can run as well as volunteer, and if you are fortunate enough to be young enough not to qualify, then come and volunteer and add to the event.

Courses – LiRF, CiRF and Field Officials course at Costello

I want to take this opportunity to ensure all our members are aware that Beverley AC will pay for you to do a coaching course, if there will be a benefit to the club with your newfound knowledge. All you have to do is make yourself available to lead the odd session (generally already planned). The regulars that need cover are speed Thursday/Friday, Coach to 5k and Circuits. The Leader in Running Fitness, Coach in Running Fitness and Coaching assistant and Coach course are all subsidised for club members. On offer at the end of this year is the Field Officials course at Costello. Please do consider putting your name forward.

Couch to 5k

This year's cohort of C25k had a massive fall off rate, and Patrick and I are really not sure why. We intend to start advertising C25K23 soon. The programme will start once again in January, which will see a graduation event in May. At the same time we are going to canvas existing and past 'couchers' to ask for feedback. I know that a previous C25k graduate has asked if there would be a possibility to offer a 5k to 10k group. I'm hoping that the new captains and anyone who has already done or would like to do the LiRF course may be able to offer some support here.

Welcome Runners

Our band of welcome runners are fairly well established now. We have a group of approximately 18 individuals who run with potential new members on a rota basis, ensuring those runners are supported and find out all about the club... and don't get lost. I think we would like to ask all the WR who are present this evening to stand up. Including you lot on-line! I thank you all for your invaluable support. It can make those first steps into club life so much easier and less daunting. The tricky bit is when runners come back for a 2nd or 3rd time until they find their 'people'. I'd like to encourage all of you to help out with this. I try very hard to ensure that before we set off anybody who wants a running buddy, gets one. If I approach you, it's because I am hopeful a newbie will be well matched with your pace and I would be grateful for your support.

Social Runs

This year we have had some great social runs arranged by members. We have had a whole Summer of running the infamous 7 hills route and introduced lots of people to its type 2 fun. Now we have moved back to the Westwood for a winter of headtorch runs around its perimeter. Can I just make a polite and respectful request that if there is only one group running, and it is advertised as a "social

run with lots of re-grouping” then it is exactly that. Please give all runners the chance to regroup and catch their breath before moving off again. Please be respectful of everyone’s running ability. The same could be said for Wednesday club runs. It is incredibly difficult trying to ensure that all athletes have someone of a similar pace and distance to run with. We must all take responsibility for our own AND EACH OTHERS welfare. Look out for your friends. More importantly look out for those you DON’T know. When members first join the club it can be several weeks before they find the right group to run with. Indeed some long standing members might also find themselves struggling if that person is coming back from injury for example. This is not something that is unique to Beverley AC. All running clubs and even other group events (like cycling groups) can have the same issues, where people get left behind or find themselves in the wrong group. Sadly, I have also been made aware of some unsupportive comments that have been heard by runners. As a committee we have been discussing a solution to this, and we are going to try harder to organise people into pace groups on a Wednesday night. You can play your part.... Please PLEASE ... I encourage you all to show compassion, inclusivity and support to ALL your fellow runners.

If you want to organise a group or route for a certain pace or distance, please do so. Just be explicit about that in your communications so that all potential athletes can be clear what to expect and everybody gets the run they enjoy.

Volunteering

We ask a lot of you throughout the year, I know that. Volunteering for race marshalling and it’s many guises at Bev, Walkington, cross country and handicaps, welcome runners, coming to the AGM, committee members, hosting new events like the YVAA. None of these events can happen without the willingness of the volunteers. It is you as willing volunteers and your interminable cheerfulness that builds our Bev AC community. And I say a huge THANK YOU. I hope you enjoyed the bar and your fish and chips!

Outro

Finally, as ever, this club is nothing without its members. It’s you that make this club special. It is you... your drive to run, to support your peers, to motivate and inspire your peers. This year I have repeatedly received written and verbal expressions of appreciation about this club. I LOVE hearing this feedback. And I pass it on whenever I get the chance. We are special. We have created a supportive and nurturing environment here. Yes, we can always improve. But for the most part we get it very right. Indeed we have 1 member who has chosen to move closer to the area and picked the location for his new life and his family, based solely on his desire to be a member of Bev AC! Another member having been forced to move away from the area remains a first claim member despite the 3 hour commute, and this person commits to LOADS of local events, because what we have here is unique and special. I have received some lovely comments from new members and long-standing ones that have approached me to tell me that we have built something unique at our club. And that is down to you.

I remain your humble servant.

Fiona Oakes
Secretary