



Minutes of Beverley AC AGM 2022

Wednesday 23 February 2022 – Beverley Cricket Club

Chair: Rob Reid

Minute Secretary: Lucas Meagor

1. Attendees & Apologies

79 members were recorded as present in person or via a live Teams link. A record is held.

Apologies received from:

Rachel Woad, Nic Woad, Andy Wilks, Andy Tate, Graeme Pittaway, Neil Bant, Lewis Holloway, Carol Botterill, Sandy Milson, Matt Skinns, Alison Benson

2. Minutes of 2021 AGM

Proposed as a true record by Lucas Meagor. Passed without further comment.

3. Matters Arising –

i. 3i Matters Arising – Three Yorkshire/National Peaks

... the club to consider a Yorkshire or/and National Three Peaks trip

Lucas Meagor reported that Steve Newton and he would no progress this. A National Three Peaks trip is likely in 2023 with the possibility of a Yorkshire Three Peaks in Summer/Autumn this year.

ii. 3ii Matters Arising - 10K T-shirts

2020: In the interests of sustainability offer a no t-shirt/memento option for the Beverley 10k and Walkington 10k to be investigated in conjunction with the sponsors with a view to make changes in 2021.

2021:

Given the delays to the 2020 events that changes are deferred to the 2022 events subject to the discussions with sponsors.

Lucas Meagor as Race Secretary confirmed this had been discussed with the 10K race sponsors, Pittaway and Specsavers. Both wished to have a T-shirt with an opt out for entrants to instead has a fee donated to charity. This will be a minimum £2.25. This will be reviewed this year after both races.

iii. 13a Charitable Links

The AGM directs the committee to investigate options for having a charity linked to the Beverley 10k and/or have a yearly chosen charity linked to other events. Any options to be referred back to the membership for approval.

Lucas Meagor confirmed the committee had looked into this and had 5 charities proposed by the club membership. The committee selected a preferred choice which was discussed later in the meeting. Rob Reid added that the club had not had a nominated charity before with an adhoc approach to charitable fundraising and giving.

4. Election/re-election of club officials

a Committee

President: <u>Committee/ Officials</u> Chairman: Secretary: Treasurer: Race Secretary: Kit Secretary: Social & Trip Sec: Route Master: Men's Captain: Ladies Captain: Juniors Coach: Press Officers: Membership Sec: Handicap Sec: EYCCL Representative: Handicap Statistician: Rankings Statistician: Photography Secretary: Awards Arrangements Representative:	Andy Tate Rob Reid Fiona Oakes Lucy Stamford Lucas Meagor Neil Bant Jacqui Dickinson Andy Johnson <i>Rob Sparkes</i> <i>Lauren Turner</i> Lewis Holloway Jackie Hardman Cat Williamson Lucas Meagor Sam Allen David Robinson Steve Walker Paul Allen Rachel Woad
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Names in *Italics* are new/changed appointments since AGM 2021

Rob Reid expressed thanks to outgoing captains, Stuart Little and Laura Emms along with those not on the committee who also carry out a number of roles and offering to be involved. Jed Holden proposed, seconded by Paul Allen that the AGM elect the committee as outlined. This was passed.

b. Reappointment of Welfare Officers

Rob Reid and Cat Williamson

The AGM duly reappointed the above officers.

5. Chairman's report and review of 2021

Rob Reid gave a report on the club activities for the past 12 months, highlighting the new club headquarters at Beverley Cricket club on a trail until October 2022; thanking the committee members for their contributions; the financial position; success of the annual 10K races; increased membership; Couch to 5K programmes; Juniors' section ongoing expansion and opportunity for members' to contribute to club ideas. This included the committee members present introducing themselves.

a. Captains' sub committee

Rob Sparkes, being the most qualified at Coaching Assistant level, to take on a lead role within a sub-committee of four, to co-ordinate all running matters outside of the club handicaps and annual 10K races. Lauren Turner to lead on ladies' team matters. If

neither can attend a committee meeting, another member of the sub-committee to report in their absence but will not have a vote

Proposed: Fiona Oakes

After a brief explanation by Rod Reid on behalf of Fiona Oakes, this was passed without comment.

6. Secretary's Report – see addendum 1

Fiona Oakes summarised her report from addendum 1, adding that she had recently been informed there would be no club places for this year's London Marathon.

a. Amendments to Club constitution

6 THE AGM

- i. The AGM shall be held in the month of ~~February~~ **October** of each year for the purpose of:-

Proposed: Fiona Oakes

Fiona Oakes explained this proposal moved the AGM into a part of the year that would help with club admin and in adopting the proposal an AGM would occur in October 2022 to ensure one fell within each UKA membership year. Lucas Meagor confirmed the Treasurer's report would be accepted several month's later than currently. Lucas Meagor seconded the proposal which was passed.

7. Treasurer's Report

a. Receiving the Annual Reports of the Committee – see addendum 2

Lucy Stamford (LS) as club treasurer, expanded on her report at addendum 2, confirming her credentials as treasurer.

- b. **Receiving the audited Statement of Accounts and Balance Sheet** – see accompanying documents 'Balance Sheet Bev Ac 31.12.2021' and 'Income and Expenditure account Bev AC 31.12.2021'

James Durham enquired why there was only £3 interest. LS advised she'd look into if this could be improved.

c. Appoint/reappoint auditors for the following year.

Lucy Stamford proposed that JP Accountant Solutions be reappointed. This was passed without comment.

8. Membership - see addendum 3

Cat Williamson (Membership Secretary) summarised her report at addendum 3, particularly reiterating the club's inclusiveness.

a. Fees

Proposal:

Renewing Senior member over 21 £31

New Senior Member £33 includes a club vest

Young adult - 18 to 21 - £18

Couch to 5k participant - £18

Second Claim Members £15

New Second Claim - £17 includes a club vest

Juniors - £18

Honorary members – No fee, subject to agreement by the committee

Junior Coaches (non running) – No fee and UKA fee paid by club

In all cases, members suffering hardship may apply for free membership to the Membership Secretary

Proposer: Cat Williamson

Paul Allen led some discussion over the need to increase the fees when the club was in a sound financial position and this was a bargain. Lucy Stamford added If England Athletics put their fee up it was only right this was passed onto membership. Fiona Oakes also commented.

The increase was carried by a majority vote.

9. Club events/activities

a. Beverley 10k and Walkington 10K – see report at addendum 4

Lucas Meagor as Race Secretary highlighted points from the report at addendum 4 and particularly thanked Cath Snowball & Phil Belton for taking on the management of the marshals.

i. Charitable links

Proposal:

1. That the club adopt a charity annually; agreed at the preceding AGM:
 - a) To be the sole beneficiary of funds raised through events such as but not exclusively: the Santa Run, Walkington 10K cake stall; donations made through the Beverley and Walkington 10K entries.
 - b) To receive a proportion of the annual net surplus from the Beverley and Walkington 10K's. The proportion to be agreed by the club committee and ratified by the AGM
 - c) Donations to run a calendar year
 - d) For 2022, the donations will include the 2021 Santa Run
2. The AGM directs the committee to coordinate nominated local charities (with a presence or link to Beverley and the East Riding of Yorkshire and Kingston upon Hull) to be voted on by the AGM for the following calendar year
3. The AGM ratifies the selection of Dove House Hospice as the 2022 charity selected from a short list by the committee
4. That points 1 a, b, c and 2 become a club policy

Proposer: Lucas Meagor

Lucas Meagor proposed the above as a response to the previous AGM's direction for the club to look at an annual charity linked to the 10K events. Jacqui Dickinson proposed it referred to Beverley and removal of Kingston upon Hull. Sam Allen, Lucy Stamford, Fiona Oakes, Nicola Riley, Lauren Turner contributed to the conversation with a compromise

reach that both Beverley and Kingston upon Hull be included. This was then passed by a majority.

b. **Handicap Series & Knockout Cup** – see report at addendum 5

i. **Formal adoption of Race Series**

Series proposed for 2022:

In the event a race does not take place either a replacement race may be used agreed by the committee or a virtual race will be organised on the corresponding weekend over 3 days either using a designated route or a route from member's homes supported by a GPS submission.

Ferriby 10 – ran in January (agreed in 2021 AGM)
Sunday 3 Apr – Hornsea Third Marathon
Saturday 7 May - Beverley Westwood Parkrun
Wednesday 19 May – Walkington reverse handicap 10K (club event)
Sunday 5 Jun – Top of the Wolds 10K
Sunday 26 Jun – Humber Bridge Half Marathon
Sunday 3 Jul – Withernsea 5
Sunday 31 Jul – South Cave 10K
Date TBC – Kilham 10K
Sunday 28 Aug – Gilberdyke 10
Wednesday 7 Sep – North Newbald Reverse Handicap 5 miles (club event)
Sunday 5 Sep - Major Stone Half Marathon
Sunday 30 Oct – Dave McDonald Haltemprice 10k
Sunday 27 Nov– Doncaster 10K

2023

Sunday 29 January (TBC) – Ferriby 10

Proposed: Lucas Meagor

Lucas Meagor briefly expanded on the report at addendum 5 before the AGM adopted the list as proposed.

c. **Annual Awards** – see report at addendum 6

Lucas Meagor reiterated thanks to Rachel Woad, Sheila Walker and Jan Stott, the latter of whom has now stepped down from the awards team. This year's awards would be back as an in person event on 11 March.

d. **Away nights and routes**

Andy Johnson reported that with a new club base, it meant some new or revised routes. Away nights were being planned and new venues were always welcomed. Jed Holden recommended the Hotham Arms. Previous away nights had seen good attendance.

e. **Captains' report** – see report at addendum 7

Rob Reid referred to the report with nothing further added.

f. **East Yorkshire Cross Country League** – see report at addendum 8

Sam Allen as the Cross Country representative referred to the report at addendum 8, stated the men's and ladies teams were both sitting first with one race left for this season.

g. **Photo's** - addendum 9

Paul Allen as Photo secretary briefly expanded on his report at addendum 9 and that over 4,000 photo's had been sorted.

10. Juniors - see report at addendum 10

Rob Reid expanded on Lewis Holloway's report in his absence, particularly emphasising the ongoing growth and additional coaches being trained.

11. Press Officer — see report at addendum 11

Jackie Hardman as Press Officer expanded on her report at addendum 11 and that the next press release deadline was 17 March.

12. Club Kit - see report at addendum 12

Neil Bant had sent apologies with nothing further reported

a. **New Club Kit**

Proposal:

That club funds are used to provide all current members with the new style club vest. This vest would become the club kit for official races and allow the new club T-shirt to be worn as club kit. The funds used for this purchase would be the surplus prior to any decision on the level of charitable donation.

Proposer: Sam Allen

Sam Allen presented her proposal. Contributions were then made by Rob Reid, Lucy Stamford, Jed Holden, Demi Lidster, Charlotte Sherman, Cat Williamson, Kay Farrow, Andy Grainger, Paul Allen covering costs, timings, could it be a T-shirt or a vest and how it would work. Costs were estimated £12-£15 per top. Given the feeling in the room, it was proposed to go to the committee for a final decision with further costings known. This was passed by a majority.

13. Any Other Business

a. **Club Committee**

Proposal:

That the AGM instructs the committee to review the committee structure to enable 2 lay club members to be elected to the committee. These members would be in office for 1 or 2 years and voted in by the AGM. The lay members would not hold any other office within the club and would be there as member's representatives.

Proposer: Lynne Stabler

Amendment:

'As part of the review, to also assess the committee make up to cap numbers and report back a proposal at the next AGM'

Proposer: Lucas Meagor

Lynne Stabler expanded on the proposal, stating this was effectively a 'minister without portfolio' role and one she'd be interested in. Lucas Meagor explained his amendment was to allow the committee to look at should there be a minimum number of members but also how did it decided who was on the committee as current protocol was generally if you had a role in the club you were likely to be a committee member. Lynne confirmed she accept the amendment.

A discussion then followed with contributions from Paul Allen, Steve Newton, Fiona Oakes, Matt Seymour, Kay Farrow, Charlotte Sherman, Steve Walker cover attendance by current committee members and some apparent regular absentees, asking members if they wished to be actually on the committee, what was the number required to be quorate and could the captains act as the 'club reps'.

Rob Reid and Fiona Oakes added members can attend a committee to bring something to it (but have no vote) and the committee being open.

Reflecting the discussions, Lucas Meagor proposed a revised proposal, which Lynne Stabler supported, and both withdrew their previous proposals:

'The committee review its membership to assess a minimum number to make up its number and other club members with roles to be approached about being a committee member. To report back to the October AGM'. Though not proposed, it was expanded that an expectation that certain core roles such as chair, secretary and treasurer would remain on the committee by virtue of their roles.

This proposal was passed by a simple show of hands.

b. Trophies for the East Yorkshire Cross Country League

Sam Allen added that the club had paid for three trophies for the above League. In memory of Steve Evins, the Steve Evins Award for the first Female Vet 50; in honour of one of the event founder and former club Secretary, Brian Richardson, The Brian Richardson Award for Male and Female Vet 65 winners. Brian was reported to be delighted and would be present to award these trophies at the Sewerby Race in March.

Victoria Evins responded that Steve would see this being in the spirit of fairness. The AGM gave a warm approval.

There being no further business, the meeting was closed at 9:10pm.

Addendum 1:

Secretary's Report

COVID protocols

July 2021 saw England Athletics alter their guidance so that there was no need to formally run sessions in that COVID secure environment and as of today, those measures have not returned. Incredibly, something good did come out of this.....it has left us with a legacy of more thorough accident reporting logs, risk assessments and up to date governance documents, appropriate not just for COVID, but any infection/illness.

London Marathon places

Process ongoing and managed robustly. Just to recap, to be in our list to (eventually) be offered a place at London Marathon, you must remain a member of the club for the duration you are on the list, and you must apply to the race through the ballot to demonstrate your commitment to the race. If you don't stick to those rules, you're out! This year, only a couple of members didn't apply for the ballot, out of choice. Don't forget the second part of the rules is to remain a member of the club, so don't forget to renew your membership subscription promptly. Given that it takes approximately 8/10 years to get to the head of our list, at this point I think it is worth pointing out that you can qualify for London Marathon. And for the ladies in particular this is achievable. If you are under 40 you qualify by running a sub 3:45. There is a link to the qualifying times in this report if you are interested in checking. [London GFA times](#).

Sign up information

This year your membership secretary and I have made some positive changes to our sign-up process. This includes sign up forms for new members and Couch to 5k participants. I have also asked our race secretary to incorporate something similar for our key races. Inclusion and respect is really important. We have included a question asking "if you live with an impairment and to ensure your inclusion in this club/programme/event, please tell us what we can do to help."

Cricket Club

In early October 2021 the club moved to its new home where we sit now stuffing our faces with beer and fish and chips. Whilst it is a smaller venue than the leisure centre it has all the facilities we need with the advantage of having a bar. In due course the committee will need to make a decision about whether this is a permanent move and what financial implications it has, both on the club, and on our members.

Welcome Runners

2021 saw the creation of our band of Welcome Runners. This was seen to be a practical way of spreading the burden of supporting new runners and ensuring new runners have a good experience. As a result of the AGM in 2020, this was introduced alongside a warm-up routine and the pace poles, which help new runners then find suitably paced peers on their subsequent visits. I have also tried to urge runners to ensure they have suitable emergency bracelets or ICE information stored in a phone, accessible to running friends should an accident happen. The Parkrun barcode bracelets are the perfect solution with 2 uses.

In conclusion

Aside from that, having a little bit of knowledge about a lot of club stuff and supporting the rest of the committee in publicising and capturing the information they need, in order to deliver on their roles and commitments. As ever I remain proud to be a Beverley AC member. And proud to be a cog in the committee that delivers.

Fiona Oakes, Club Secretary

Addendum 2

Treasurer's Report

Lucy Stamford reports as club treasurer, overseeing the day to day running of club finances. The club accounts are now audited quarterly by a qualified chartered accountant the club has had a relationship with for a number of years now, JP Accounting Solutions based in Beverley.

The 2021 accounts show a surplus of nearly £18k for the year of income over expenditure which is very pleasing given last year's large £10k deficit (which was of course out of the club's hands and directly related to the pandemic).

This has been helped by increased income, combined with controlled costs from the 2 main events we hold – the Beverley and Walkington 10k's - which went ahead in 2021 after not happening in 2020. In fact these 2 events released £23k in surplus to the club accounts.

The vast majority of club income comes from the two races the club hosts and the profit allows the club to support its members by paying for the club HQ, and heavily subsidise both our social and athletic endeavors as well as club kit. This is why it's so paramount that each and every one of us must step forward to support the race organisers to help make the event a huge success each year as it's in everyone's interest to do so. A good example is that if you buy tickets for the presentation evening this year, you will have recouped the majority of your membership costs in one go because the event is so heavily subsidised by club funds, including for members' partners.

We spend money on a variety of things, all of which are club focused. If you look at income and expenditure you will see where the club spends money. The cost of the club's new HQ has increased club costs and will increase more for 2022 as the figures only include a part year (Q3 only) and the cost will be £2400 per annum but I think most members will agree that the change has been worth it.

Addendum 3

Membership Report 2021/22

This year (since April 2021) has been a very successful one for our membership. Although there has been a reduction in the numbers of renewals, which may relate to the pandemic, we have conversely seen a huge growth in new members with 93 new members. It is difficult to compare this to last year because of the pandemic, but in 2019 - 2020 we had 30 new members. I think this increase seems to be related to two main factors. Firstly the pandemic – lots of people have said they have taken up running during the pandemic to help both their well-being and fitness. I think the second reason is the fantastic success of the 'Welcome Runner' system. I have had positive feedback from many new members about this. They have said that they felt very welcomed to the club and they got to know a group of people quickly. I would like to say a personal thank you to all our Welcome Runners for making our new members so welcome and I would like to add specific thanks to Jed Holden and Lauren Turner who always offer to stand in if we are ever short of a Welcome Runner.

If any member wants to join the Welcome Runner Team please let us know.

Our current membership stands at:

275 - full members of which 93 are new member (8 second claim)
39 - Junior Members
6 - Non running Junior coaches
8 - Honorary members (these are members who support the club at events but don't themselves run).

Cat Williamson, Membership Secretary

Addendum 4:

Race Secretary Report

2021 saw the return of our two 10Ks with their respective fun runs. Walkington saw a smaller entry number of 600 for the 10K and under 150 for the fun run and had to be run under covid protocols. Despite this, runners were very positive about the races.

The Beverley 10K ran as the re-arranged 2020 race in September with a new partnership with East Riding College leading to a new race HQ. We also introduced race number collection on the Saturday and removed the need for portable toilets. Despite a much higher no show rate (nearly 40% compared to the usual 18-20%), the race was a great success. Both races also benefited from Cath Snowball & Phil Belton leading the marshalling team and having section leads to support installation of the road closures. We are grateful to our two main sponsors, Pittaway and Specsavers, for their continued support. Thanks also to Paul Allen for coordinating the T-shirts.

2021 also saw us join Instagram and create a 10K race Facebook page. This enabled us to engage in a new medium and the Instagram page has become a club page beyond just the 10K's. Massive thanks to Fran Ibson for taking a lead on this.

2022 will see 10K entrants having the option to opt out of a T-shirt and donate to a charity partner in lieu and the cut off time amended to 90 minutes. We also have revised Beverley 10K rule for club members as recently published via the newsletter.

A proposal regarding the charity of the year will be further expanded on at the AGM.

Lucas Meagor – Race Secretary

Addendum 5

Handicap Races

We had our highest ever participation level in the 2021 series, with 161 members running 1 or more of the 13 races (nearly double those taking part in 2020) and over 40% more than in 2019. This was despite the series being compressed into 8 months. 5 members ran 10 or more of the series. We also introduced two time trials – 5k and 10K, which proved popular that we have re-run them to start the 2022 calendar. These gave members some race history to help work out handicap results.

Steve Walker captures your results for the rankings and David Robinson number crunches to calculate the handicaps. These are time consuming and with our ever increasing membership, add to the challenges. That said, it is a positive sign of member's active participation across a range of races and very much welcomed. We are always happy to share the intricacies of how these figures are calculated.

Lucas Meagor, Handicap Secretary

Addendum 6:

Awards

2021 saw a very different awards night as we went virtual, with over 80 members logging in to witness a night with a difference. Through the help of *Dot & Diode*, a successful night was had with one member saying they'd 'never had so much fun on their sofa'. Thankfully, we are back to an in person event for 2022, when we celebrate 2021's achievements at Beverley Barn. Thanks to Rachel Woad, Sheila Walker, Jan Stott and Fran Ibson & John Manley for making 2021's event work.

Lucas Meagor, Awards co-ordinator

Addendum 7:

Captains' Report

WOW! What a year! We're just going to highlight two events which stand out.

Starting with Northern Road Relays at Redcar in September 2021 – we managed to send out both female and male teams!! The atmosphere was fantastic, the cake provisions were 'Merry Berry' standard and the post run explore of Whitby and ice cream at sunset finished off a fantastic day.

Next onto the Northern Cross-Country Relays at Sheffield October 2021 – the news of the cake competitions must have got out - we had TWO male teams and THREE female teams!!! On this day we have never felt PROUDER to be part of such an AMAZING club – our cheers and support were heard across the entire route and the marshals LOVED our enthusiasm. There was even a British Triathlete - Georgia Taylor-Brown - running, not only a fantastic opportunity to watch her running but happily chatted post run and joined in a few photos.

These events are open to **ALL**, and we feel this message is now starting to resonate around the club. We're about being a team and supporting each other, having a good day out with some cake!

All this would not be possible without the FANTASTIC members that Beverley has, we truly believe that there is something special about this club. We have both decided to step down this year, we feel it is the right time for some new blood to take the reins to come in with new enthusiasm and ideas.

Thank you to EVERYONE!

Laura Emms & Stuart Little – outgoing Club Captains

Addendum 8:

East Yorkshire Cross Country League(EYXC) Report

The end of the 2019/20 cross country season saw the beginning of lockdown and further restrictions and lockdown tiers prevented any planning or cross country league races in the 2020/21 season.

The cross country club reps (EYXC committee) worked really hard to ensure the friendly, sociable, competitive running could start again in 2021. 6 races were planned for the 2021/22 season again

using some glorious locations starting with Bishop Wilton and then Wetwang. The Drewton race was replaced with the familiar Welton route followed by Sledmere. The order of the races amended to give extra daylight hours to the team setting up the Langdale End course.

As I write this we have completed 4 of the 6 races, with the Langdale End and Sewerby races scheduled for February and March 2022.

I have taken on the additional role of registering all runners from the 10 clubs in the league and preparing the race results and awards for the EYXC league this season. Beverley AC have not hosted a race in the 2021/22 schedule.

This season 120 Beverley AC runners registered to take part and 23 of those runners have completed all 4 of the races that have taken place so far. We have had over 50 Beverley AC runners taking part at each of the races so far which is fantastic to see.

The enthusiasm, team spirit and brilliant performances at the races this season by the Beverley AC runners is a credit to our club. It's really nice to see our new runners taking part and I hope that all have enjoyed the challenge and look forward to doing it all again next season.

At the moment our men's team are 1st overall in the league and our ladies team 2nd with a Beverley AC runner winning 3 of the 4 races so far. The awards for the season are given in a presentation following the final race at Sewerby. Individual prizes, team and vet category prizes are given in the Sewerby Church Hall where a buffet is provided and all runners and supporters are welcome. The team prizes are awarded after collating the points awarded at all 6 of the seasons races. The individual prizes are awarded after collating the points from your best 5 of the 6 races. This means you need to run at least 5 of the races to be considered for an individual prize.

I would like to thank all the runners, marshals, helpers, supporters and cake makers. I really enjoy running in the cross country races and enjoy the role I have within our club and the EYXC league. If you've not joined in yet and would like to give it a try please come and speak to me, you don't know what you're missing. As well as taking part in the EYXC league we regularly organise social cross country runs in the local area that all are welcome to join in with.

Sam Allen, Beverley AC Cross Country Rep

Addendum 9:

Photo Secretary report

We have an Archive of photographs of Beverley AC members and runners, the vast majority of which over the last couple of years have been harvested from the Beverley AC Members Only Facebook site. Members who have photographs not posted on that Facebook page are able to email in via the link in the weekly newsletter any pictures they feel should be included in the archive. To date, no pictures have been received via this link.

Since taking over the role I have archived around 4,000 photographs. The archive is searchable by event, occasion and/or individual runner. The financial costs in maintaining the archive are minimal relating only to the provision of hard drives for storage.

A selection of the photographs are placed on the Gallery pages on the Beverley AC website. Every attempt is made to keep the Gallery fresh and up to date.

We have a number of prolific photographers within the membership who regularly provide lots of excellent and memorable pictures. Some local races generate pictures in their 100's!

The archive plays a large part in providing pictures for the Annual Presentation Evening slide shows and awards ceremony.

While the Archive is not readily available to be accessed directly by the membership, if anyone feels they would want a particular picture or series of pictures please contact me or any other member of the committee.

Paul Allen – Photograph Secretary

Addendum 10:

Juniors' Report

- The juniors have had another good year of training and racing, although somewhat disrupted by Covid-19 at times. We lost our usual training site at Beverley Grammar School when they stopped hiring their spaces out, and have been training on the Westwood, at Cherry Burton, and back at the Leisure Centre. This has limited our activities as the spaces we are using are less safe for throwing and jumping activities, but we do manage to do some of these activities with the younger group along with agility, balance, coordination training and strength and conditioning work.
- We have had reduced numbers of Coaches/Coaching Assistants available, as two CAs dropped out over the year. We currently have 2 Coaches and 2 Coaching Assistants, which has made managing sessions difficult sometimes, because there has been no slack in the system when Coaches/CAs are away, isolating due to Covid, ill etc.
- More positively, we have a group of 6 due to qualify as CAs in March, which will mean we can draw on a bigger pool of adults. In the longer term we need to both a) keep recruiting new CAs, so that when others leave we have enough to run safe and effective sessions; b) encourage CAs (and others) to take the full Coach course, so that they can coach themselves, not just under supervision from one of the current 2 coaches.
- We currently have approx. 35 juniors in the club, and a long waiting list (some of whom have been waiting a long time). When the new CAs come on board we will invite a substantial group of new starters, in March, and hopefully expand the juniors section to more like 50 juniors (mostly younger ones, so that we can then progress them through the athletics syllabus as best we can, so that they become better, stronger runners as they move up through the juniors age groups).
- The juniors have competed well in both track and cross country over the year, as well as taking part in indoor athletics competitions, fun runs etc. We competed in the West Yorks Cross Country League for the first time, and the juniors performed really well against stiff competition. A good group also competed in the Humberside Cross Country championships in January 2022, with some very good performances including winning the U13 girls championship. We were also well-represented at the Humberside schools cross country

championships in February 2022, with our U13 Humberside champion also winning her schools event, and other members doing strongly in their races too.

- Finally, I've been offering some help and advice to East Hull Harriers, who have just set up their own junior section; it's great to have another club with juniors in the area.

Lewis Holloway, Juniors' Coach

Addendum 11:

Press Officers Report

The previous year saw very few press releases due to the limitations of lockdown, but I am delighted to report that the year has seen plenty of activities and events on which to share and celebrate successes and to generally promote the Club. A total of 11 monthly press releases were issued during the year, apart from September when a feature article was submitted to *Just Beverley* promoting and celebrating the Club. In addition, BBC Radio Humberside invited the Club to do a radio interview on 17th May, when Lucas Meagor set his alarm early to be ready for a 7:15am live interview to publicise and promote the Walkington and Beverley 10 kms races and fun runs!

Press releases are sent to Beverley Life, Just Beverley, Beverley Mag and Hull Daily Mail, as well as to Beverley FM radio and BBC Radio Humberside and I continue to look at any other avenues which may be appropriate. A copy of any press release issued is also sent to the Club Secretary, who arranges for it to be put on the Club website for information and for members to read it. In addition, if I can locate a copy of the paper or magazine, I do post a photograph of the actual published article on the Club's Facebook pages for members' interest and information.

In the press releases, I try to include information about a specific event or aspect of the Club as well as a more general summary of events and activities in which the Club and its' members have been involved in the previous month, as well as events that are coming up in the following month. As press releases are required by the middle of the month, I do try to word it appropriately and may not always have the necessary results to include! Information to include in the press releases is gathered from the weekly Tuesday newsletter emailed to members as well as from posts on the Club's Facebook page and I do appreciate members alerting me to events and activities that they are involved in and which I may have otherwise missed!

In conclusion, I hope that, as the Club's Press Officer for the year, I have reflected the wide range of events and activity that the Club and its' members have supported and taken part in and wish you all the very best for the coming year.

Jackie Hardman, Press Officer

Addendum 12:

Kit Report

It was fantastic to get back to a Santa run in 2021 supporting Dove House Hospice. The Santa hoodies seemed to go down well with better size options this time than in 2019.

Our big bobble hat banana design minimum order quantity of 25 has all sold out and they currently cannot provide us with a repeat order as they have sold out of that design.

With so many new members we have had a great deal of free vests going out to new members this year. It's great to have the cricket club as a base to provide you with kit on Wednesday nights. I usually have stocks of vests, t-shirts, long sleeve shirts, buffs and Ronhill wind jackets available.

If you have seen the end of the weekly newsletter you will see we are looking to order new short sleeve club t-shirts with a snazzy new look for £15 with or without your name on. AGM is your last chance to preorder with your name on and we will be ordering a limited range of sizes so if you haven't already seen and placed an order, then please have a look on AGM night. We will be using the same t-shirt design but with a couch to 5k logo for this year's cohort of couch to 5k runners.

Most other items you may want, our partners H&K Embroidery in Drifffield have a large catalogue of items they can brand in royal blue like the hoodies and they can post to your home for a small delivery charge or you can collect from their shop on the Drifffield High Street. A link to their website is available from the Beverley AC Kit section on our website and are scheduled to join us for the AGM to take preorders..

The total club kit takings since last AGM have been £957.35 which is club subsidised typically for the branding of the goods. The takings have been bank transferred from me to the club account during lockdown.

If anyone wants any of the club kit I stock, my contact details are available at the end of the club newsletter to arrange collection.

Neil Bant, Kit Secretary