



Minutes of Beverley AC AGM 2024

Wednesday 16th October 2024 – Beverley Cricket Club 7:45pm

Chair: Rob Reid (RR)

Minute secretary: Fiona Oakes (FCO)

Attendees & Apologies

69 number of members were in attendance, 3 of which attended online. A list is held with the club records.

Apologies were received from: Lewis Holloway (Juniors Coach), Elaine Julian, Nigel Wilson, Lucy Berriman and Liz McGinness.

Minutes of Oct 2023 AGM

Proposed as a true record by Stephen Newton. Jed Holden seconded. Passed without further comment.

Matters Arising

None.

Chairman's report and review

Rob Reid (RR) gave his report, which gave thanks to everyone in the club for their support of the club. Thanks to the committee and acknowledgment that they work well together. Acknowledgement that the cricket club really does feel like a home, but now the worrying news that they need more volunteers to take it forward. Bev AC has seen someone come forward already.

Grateful thanks to sponsors Graeme Pittaway and John Dawson. Special thanks to Nigel who has picked up the reins as our new Race secretary and brings with him a huge amount of experience and knowledge. Our races feel like they are in very safe hands.

Gratitude to Sam and Paul for their hard effort in celebrating our 30th Bev 10k. Bev AC volunteers attended an RD course to support our own races but clearly provided a need expressed from other clubs as attendees came from London and the SW. Our own commitment to traffic management measures saves us thousands of pounds per year. Council hold us in high regard and offer us as a good example to other clubs.

Acknowledgement that the new green club initiative is a welcome development for the club and thanks to Lucy for driving this forward.

Further thanks to Lucy for the arranging of the coffee morning at St Mary's church which raised £2000 for Cherry Tree CC and St Mary's Garden project.

Rob closed by thanking everyone for their attendance and remarked that the club has had an incredible year on many fronts and allows us to move forward with positivity and confidence.

Election/re-election of club officials

a Committee

Chairman:	Rob Reid
Secretary:	Fiona Oakes
Treasurer:	Lucy Stamford
Race Secretary:	Nigel Wilson
Men's Captain:	Rob Sparkes
Ladies Captain:	VACANT
Juniors Coach:	Lewis Holloway
Press Officers:	Jackie Hardman
Membership Sec:	Cat Williamson
Committee Member (Kit Secretary)	Neil Bant
Committee Member (Social & Trip Sec)	Jacqui Dickinson
Committee Member (Route Master)	Andy Johnson

Ex-officio President – Andy Tate

All were (re)elected with the exception of ladies captain. Lauren has stepped down from this role therefore the ladies captain remains vacant as no volunteers were forthcoming. Proposed by Paul Allen and seconded by Alex Gymer.

Reappointment of Welfare Officers

Richard Uttley and Cat Williamson - re-appointed. Proposed by Paul Allen and seconded by Alex Gymer.

Secretary's Report

FCO gave her report, as outlined in addendum 5.

Treasurer's Report

October 2024 Club AGM Treasurer's Report

Lucy introduced herself, her credentials and that she has been a club member for many years and 11 years as treasurer.

Accounts

New for 2023 - the club accounts have been done for 2023 in conjunction with a valued club member, Stephen Pointon, who is very experienced in Finance (being a Commercial Director for his day job). The club had used an accountant for the past few years to audit, Lucy is confident there is no issue with the accounts and so the club were happy to consider help from inside the club instead.

Stephen's contribution means the club has reduced costs by stopping paying an accountant given someone having the necessary skills here in our own club stepped forward to help do them. Lucy thanks Stephen for his help with it.

The club can look to get them audited in the future by an independent source, should the need arise.

Lucy shared a few copies of the 2023 profit and loss if anyone would like to look. Lucy also has a large spreadsheet with all the workings and detail on it if anyone would like to see that they are very welcome.

Funding club activities

This bit is a broken record and most people are aware of this, but new members won't be, so Lucy reiterates again that the vast majority of club income comes from the two 10k races we host each year (Beverley 10k in May and Walkington 10k in July), and the profit from these races allows the club to

support its members by paying for this club HQ, heavily subsidising and supporting both our social and athletic endeavors, as well as subsidising club kit. This is why it's paramount that every one must, in most instances, step back from running the 10k's and step forward instead to support our club's committee and race organisers to help make the event a huge success each year, as it's in all of our interest to do so.

A good example of the benefit to members - if you buy a ticket for the presentation evening in March next year, you will have nearly recouped most of your membership fee in one fell swoop because the event is so heavily subsidised by club funds, including tickets for member's partners. We also pay for:

- the hire of Ennerdale or Costello tracks,
- the leisure centre for strength and conditioning,
- coaching courses
- and much more.

Facts & figures

Some interesting figures for year-to-date spending for 2024:

- The club spend annually around 15% of race profits on having the cricket club as HQ.
- We have spent around 15% of race profits on our junior section so far this year (£2500).
- We also spend around 15% of race profits subsidising our annual awards evening, a highlight of our year celebrating all we do as a club.

Charity

One of the proudest things Lucy reports is how much the club has been able to help our 2024 nominated charity so far this year – The Cherry Tree Centre in Beverley. Our partnership has not just been about raising money, the club had volunteers at their Holiday Club and had them here to tell us about what they do.

In 2023 East Yorkshire Food Bank received a generous donation from the club of £3290 and I'm predicting that the figure for Cherry Tree will be substantially higher for this year, as we have already exceeded last year's figure (mainly with

the help of the coffee morning) with a few bits yet to add in - the Santa run proceeds and 5% net profit from the 2 x 10k's.

What makes up the total we donate I can explain if people are interested, but I wish to thank anyone who has been a part of the fund-raising efforts.

See balance sheets as addendum.

Race Secretary Report

Both 10K races took place successfully as follows:

Event: **The Pittaway Beverley 10K and Short Race**

Race Director: Rob Reid

Date: Sunday 12th May 2024

Entries: 1,873 (10K), 251 (SR)

Finishers: 1,559 (10K), 232 (SR)

Event: **Viking Pest Control Walkington 10K and Westwood Mortgage Advisors Fun Run**

Race Director: Nigel Wilson

Date: Friday 12th July 2024

Entries: 599 (10K), 153 (FR)

Finishers: 490 (10K), 139 (FR)

As ever, a massive thank you to all the club members and their friends and families who volunteered to help out both on the race days and in the preceding weeks to put on two excellent running events. These events could not take place without your help and support and your support and efforts are hugely appreciated.

With respect to this, a special thank you to Matt Frampton and Ben Atkinson for the tremendous work they do in managing and co-ordinating the volunteers and running of the event on the day. It wouldn't happen without

you! Also, a big thank you to Sam Allen for acting as MC and commentator for both events.

Main Event Sponsors

Our thanks and gratitude are extended to:

Pittaway Painting and Decorating Contractors in particular Graeme Pittaway for their continued generosity and support as main sponsor for the Beverley 10K and Short Race including providing vans and manpower to support the running of the event on the day. Graeme also kindly donated vans and manpower for the Walkington 10K set up and close down.

Viking Pest Control (John & Tom Dawson) who have taken on the sponsorship of Walkington 10K in 2024 marking it with a striking t-shirt.

Westwood Mortgage Advisors (Lucy Stanford & Simon Cheeseman) who continue to support the ever-popular fun run at Walkington.

Beverley 10K 30th Anniversary

This year was the 30th anniversary of running the Beverley 10K and this was reflected and celebrated through:

- the race t-shirt that included the names of all the male and female winners together with the finish times.
- an invitation being extended to all previous winners to take place in this year's event with a group photograph at the start.
- a special memento of an environmentally friendly commemorative drinks coaster being awarded/sent to each of previous winners; and
- a display of race mementos and memorabilia that was put on in the race HQ at East Riding College.

A massive thank you is extended to Sam Allen for her fantastic efforts in tracking down and coordinating with all the previous race winners and for organising and arranging the display at ERC.

Event Entry Cost

This year saw a small increase in the entry price for both races (agreed by the BAC committee) as follows:

Event	2024	2023	2022
Beverley 10K	£20.00	£18.00	£18.00
Beverley 10K with EA discount	£18.00	£16.00	£16.00
Walkington 10K	£17.50	£15.00	£15.00
Walkington 10K with EA discount	£15.50	£13.00	£13.00
Beverley Short Race/Fun Run	£5.00	£4.00	£4.00
Walkington Fun Run	£4.50	£3.50	£3.50

To note, the entry price has remained unchanged for a number of years and the increase was made to reflect general cost increases for running the event and the additional costs of making the events more environmentally responsible, aligned with the ongoing 'Green Runners' pilot the club is involved in with UKA.

Issues

- Medical – the warm weather at the Beverley 10K led to a number of runners needing medical treatment for heat exhaustion and dehydration on both the course and at the finish with one male runner being taken to hospital after the event. These issues were dealt with by our medical service provider, Medics UK. The 10K Management Team are looking to provide more information/advice/warnings to entrants regarding the need for adequate hydration. There were no significant medical incidents at Walkington 10K.
- Water – although the water did not run out at Beverley 10K and all finishers were able to receive water, the hot weather placed high demands on the finish line water station which needed to be replenished during the event. The management team are investigating options for a higher capacity water tank for next year. There is also a plan to move the Walkington 10K water station to nearer the mid-point of the course.
- Driver behaviour at road closures – despite us providing high levels of advance notice and legal road closures in place there are still a small

handful of drivers who ignore our road signs and are abusive to our road marshals. This issue is not confined to our races and many similar events experience the same problem. The management team are investigating methods to 'strengthen' some of key road closure points (e.g. Lairgate) to help prevent/reduce illegal driver incursions onto the course.

- Walkington sales – entries for Walkington were quite slow and required a concerted on-line marketing push in the 2-weeks before the event to increase entries to similar numbers in previous years.
- T-shirt numbers – the timing of our entry opening for our events coupled with the need to place t-shirt orders prior to the entry system closing makes it very difficult to accurately determine the number of t-shirts required across the sizes available. This unfortunately results in either too many t-shirts (which is wasteful and costly) or too few t-shirts (which reduces the quality experience for some participants who don't receive a t-shirt). We are keen to improve on this and plan to review the timing of race entry openings in combination with what we might offer in terms of race t-shirts/mementos (see further below).

Race Planning & Management

This year saw the formal establishment of a 10K Management Team to oversee the planning, management and operation of the clubs two 10K races. The team consists of:

- Rob Reid – Club Chairman
- Fiona Oakes – Club Secretary
- Nigel Wilson – Race Secretary
- Matthew Frampton – Senior Event Marshal/Course Manager
- Ben Atkinson – Senior Event Marshal/Course Manager
- Catriona Williamson – Race Administration/HQ Manager
- Nicola Riley – Race Administration/IT
- Pete Garrett - Social Media/Communications

In addition, our two club Safeguarding/Welfare Officer roles have been incorporated into the race organisation to support operations on race days in

relation to younger entrants to the Short Race/Fun Run and 10Ks. These roles are being undertaken by Cat Williamson and Richard Uttley.

One of the key reasons for forming a management team has been to help future proof the management and operation of events through the dissemination of vested knowledge, duplication of skills and providing a forum to support collaboration and communication within the team in relation to planning and managing the events. As part of this Fiona Oakes, Sam Allen and Nigel Wilson have all successfully completed Race Director training helping to increase the number of qualified RDs in the club to five. In addition, considerable work has been undertaken to develop event management plans for both events in line with East Riding of Yorkshire Council's requirements and reflecting current requirements/guidance from UKA who licence (and insure) our events. These documents can be viewed on the BAC website.

This year has also seen a comprehensive review of our traffic management measures with a particular focus on Health & Safety and improving deployment/collection. As a result of this we have improved hi-visibility PPE for Traffic Marshals, provided Traffic Team Leader briefings prior to the events and prepared/executed detailed sign deployment plans.

Green Runners

As part of the club's aspirations to be more environmentally responsible and in line with the ongoing 'Green Runners' pilot with UKA the 10K events included:

- Finishers t-shirts made from recycled material;
- Reduction in single use plastic at water stations through the use of recyclable cups; and
- Improved refuse collection to separate out recyclable and non-recyclable material.

Special thanks to Ben Atkinson for all his work in collecting, sorting and disposing of the waste and Paul Allen for his work in designing and procuring the eco-shirts (plus John Dawson for the 'stinging' design for the Walkington 10K t-shirt).

10K Events 2025

The dates for the events in 2025 are already published and early planning is already underway. Based on the success and lessons learned from the 2024 events, some of the key considerations for 2025 include:

- Event Quality and Marketing – we have to recognise that there is increased competition for running events against a backdrop of cost-of-living challenges and generally increases in costs for services and consumables. We therefore need to continue to promote and run quality events that attract entries and as part of this some additional work needs to be put into reviewing what our quality offer comprises and how we advertise and market our 10Ks as premier events.
- Green Runners – continued investigation into how we make our events greener. A key part of this is in relation to race t-shirts and how we might reduce their environmental impact in terms of materials, manufacture and waste. In relation to this we are keen to review the whole issue of race mementos to ensure that we continue to offer something sustainable and as environmentally as possible whilst maintain good relationships with our sponsors.
- Health & Safety – continued focus on how we deliver our traffic management measures in a way that reduces health and safety risks particularly during sign deployment and collection.
- Monitoring of how ‘Martyn’s Law’ may affect our events with particular regard to medical services requirements and providers.

Nigel Wilson, Race Secretary

With the close of the race secretary’s race report being presented there was a discussion about the way that we support charities in the club. There was a feeling that we could continue to support the Cherry Tree association but it was proposed that we could have a secondary charity to support with a lump sum. In the first instance the room voted on the charities nominated prior to the start of the AGM. Results were:

Hull Animal Welfare	4
Beverley Community Lift	9
Northern Academy of Performing Arts	4

Hull and District ReadEasy	6
Cherry Tree Community Centre	45
Dyslexia Sparks	1

A vote was then made to decide if the club should support solely 1 charity, or support 1 main charity and give a lump sum to another secondary charity.

Votes were cast thus:

- Support 1 charity only = 28
- Support main charity and have subsidiary = 36

The room acknowledge that our main charity for support over the next year would remain Cherry Tree Community Centre. The room then voted on which charity that 2nd beneficiary should be. Results were:

Hull Animal Welfare	5
Beverley Community Lift	41
Northern Academy of Performing Arts	2
Hull and District ReadEasy	19
Dyslexia Sparks	2

It was therefore agreed that Bev AC would continue to work with Cherry Tree Community Centre as our primary beneficiary, not just to raise funds but also to volunteer with them.

The secondary charity (Beverley Community Lift) will receive a lump sum donation from the club. It was suggested that the details and amount that is donated be discussed by the next committee.

Rob thanked the room for a constructive discussion and a decisive way forward.

Membership

Catriona reported that Club membership numbers remains strong. Since April this year there have been 40 new members and applications are arriving regularly. The Couch to 5k programme is also having a positive impact.

Thanks expressed to the Welcome Runners and expressions of interests from others to join welcomed.

Current membership stands at 340:

- 269 - Full members (8 second claim)
- 55 - Junior Members
- 3 - Non-running Junior Coaches
- 13 - Honorary members (these are members who have been active members, who have supported the club over a period of years but no longer run).

England Athletics (EA) are increasing their individual member fees by £1 from £19 to £20.

I have therefore put forward 2 proposals with regard to annual member fees. We have a fully confidential hardship fund for any member who needs it.

PROPOSAL 1:

That the membership fees remain at the same level as 2024/2025 for the year 2025/2026.

Current annual fees are:

- £34 for renewing members
- £15 for second claim (they pay the EA fee through their first claim club)
- £36 for new members.
- £20 for juniors and you adult (under 21)

PROPOSAL 2:

That the membership fees increase by £1 to take into account the increased England Athletic fee. This would make the annual fees:

Current annual fees are:

- £35 for renewing members
- £15 for second claim (they pay the EA fee through their first claim club)
- £37 for new members.
- £21 for juniors and you adult (under 21)

Votes for proposal 1: 5

Votes for proposal 2: 64

Proposal 2 carried forward with a majority vote.

Catriona Williamson, Membership secretary

Item 9

Handicap Series and Knockout cup

We have had some reorganisation of roles this year as Carole Botterill took on the role of Handicap Secretary in September and now plans events and manages the reverse handicaps/time trials. Many thanks to Jacqui Swallow for managing the club handicap events in recent times and we would always welcome your help in future. Ken Pearson continues to compile statistics and set handicaps.

We had good participation in 2023, consistent with previous years. 150 members completed at least 1 event and 3 members completed 10 or more events. 18 members completed enough events to get a Full Series score and 42 for the 10k series score.

The race selection has gone according to plan this year with no cancellations or amendments. We have had 8 race events and 2 club organised reverse handicaps. A further 3 races are still to run. So far this year 139 members have completed at least 1 event which is similar to the participation at this stage in 2023. Generally, more than 35 members have participated in each event including the club reverse handicaps, with the May Beverley Parkrun event being particularly popular with 65 members. The weakest participation was at the Withernsea 5M in which only 15 members competed.

A programme of handicap races for 2024 was agreed at the October committee meeting. It will be based on 15 handicap races next year and includes a Beverley Parkrun event in January to kick start the handicap season. The May Parkrun event is also retained which gives opportunity for new members to get more involved in club activities. It was also agreed that the Handicap Knockout cup would not be included in 2025.

Updated handicap rules based on discussions at committee in Autumn 2024 sees us retire the knockout cup after 2024. The final awarding of that cup will

take place at the awards ceremony in March 2025. The updated rules have been published on [our website](#).

PROPOSAL:

Adoption of 2025 Race Series:

1	January	Beverley Parkrun	3 miles
2	February	Snake Lane	10 miles
3	March	North Lincs	½ mara
4	April	Walkie rev 10k	10k
5	May	Beverley Parkrun	3 miles
6	May	Burton Constable	½ mara
7	June	Sledmere Sunset trail	10k
8	July	Withernsea 5	5 miles
9	July	Laxton 10k	10k
10	August	Wistow 10k	10k
11	Sept	Wold Top Brewery	10k
12	Sept	Vale of York	½ mara
13	October	Poppy 10k (Brigg)	10k
14	November	Derwent Water	10 miles
15	December (Sun am)	N Newbald reverse	5 miles

Fiona suggested the list on Ken's behalf and given that no one questioned it or wanted to make changes the list accepted for 2025.

Ken Pearson, Handicap and knockout cup statistician

Carol Botterill, Handicap secretary

As time was running short for the remainder of the agenda the remainder of the reports were referenced to those present. Fiona reminded all that the reports had already been made available to all in the AGM agenda, and would be published again in the minutes.

Awards update

Planning for our 2024 Evening of Celebration is well under way! Thank you to everyone who provided feedback to the survey, it has been very useful. We are implementing changes to the format of the evening, adding extra activities and editing the awards, which will hopefully reflect your feedback and give all members a night to remember! The evening will be held on Friday 7th March and will still be held at the Beverley Barn as it seems everyone loves the barn!

Lucy Berriman, Awards secretary

Social events, away nights and routes

Booked in conjunction with route master Andy Johnson.

- April - Croft Park, Little Weighton away night
- May - Dog and Duck, Walkington away night
- June - Wolds Inn, Huggate away night
- July - Aike vineyard away night
- August - White Horse, Hutton Cranswick away night
- September - Tiger Inn, Newbald reverse handicap
- October - Club AGM
- November - Beaver Trail, Beverley Leisure Centre (Paul Allan)
- December - Santa Run, Cricket Club

Andy Johnson, Route master and Jacqui Dickinson, Social & Trip Secretary

Captains report

Another amazing year for Beverley AC and growing in numbers each year! Some amazing individual and team results. Some fantastic performances in the major marathons, 10k's and Ultra's. From London to Wales, to Manchester and the Lakes, Beverley continue to spread the yellow and blue across the UK and the Globe.

We are really excited to send teams to Sheffield for this year's Northern Cross Country Relays, expecting an electrifying day for the Bev AC in South Yorkshire.

We have a wonderful few months ahead in the East Yorkshire Cross Country league where we always have a strong individual and team performance, so good luck Beverley again this season.

In addition to the races, we will be utilising Ennerdale Cycle track over the winter months for a range of speed sessions! Some training sessions took place at Costello and Ennerdale this year with good turnouts for speed sessions. These are a great opportunity to improve your speed endurance in addition to the Thursday and Friday sessions. I look forward to adding more dates at three venues in the future.

Here's to another year of great running and racing. We as captains are always here for everyone and anyone who needs to chat or wants advice on anything running, or even non-running related!

A few words from Lauren...

It has been a pleasure being the ladies captain for a few years, but now is my time to pass the baton onto someone new. The highlight for me was getting more ladies involved in team events and showing how inclusive the events can be. I am looking forward to taking a step back but still having an opportunity to represent such a great club.

And Rob...

Lauren, thanks so much for your time as ladies captain, I know you'll be ever-present at the club in the long term. Lauren was my welcome runner when I joined 3 years ago, and helped show me how great this club was and convinced me to join. It's so great that we have then both enjoyed being captains at the same time, so thanks again Lauren.

Rob Sparkes Team Captain & Lauren Turner (outgoing) Ladies captain.

[East Yorkshire Cross Country League \(EYCCL\) Report](#)

The 2023/24 season finished in March this year with the final race and presentation taking place in Sewerby.

Beverley AC men's team continued on great form and finished the season 2nd overall. Beverley AC ladies doing well and finishing 4th ladies team overall.

Beverley had a big team of runners, all playing an important part and contributing to the success. Rob Sparkes and David Whiting deserve mention, Rob as the overall men's league winner and David as 2nd overall in the league. Vet prizes were won by Sam Allen, David Whiting, Darren (Bob) Edge and Pete Watkinson. The Beverley AC XC Champion awards were presented at the Beverley AC annual presentation to Rob Sparkes and Sam Allen. Rob finished 1st male overall in the league and Sam Allen finished 9th female overall in the league.

Remember the races are available to all 1st claim Beverley AC runners and you have to be in it to win it! The individual results are taken from your best results from 5 of the 6 races.

The EYCCL committee made up from representatives of the 11 clubs in this league have been extremely busy planning and securing the races for the 2024/2025 season. I now have the title of Vice Chairman for the league. I am not sure I have too much more work to do but the role is extremely rewarding and does keep me busy.

This year will be the 30th year since the first races of the East Yorkshire Cross Country League. Last month saw our pre-season social run on the old Thixendale race route as part of the celebrations for the 30th year. We have also introduced a 30th anniversary league running t-shirt that is available to order through H&K at Drifffield. League hoodies can also be ordered through H&K. You will also see league flags at the finish and start area of the races. These are a new addition to the kit.

This coming season sees online registration for all the clubs and chip timing will assist the recording of finishing positions for points at each race. The costs involved in putting on these races has increased, which means the entry fee has increased, but I am sure you will agree that £16 for 6 races with awards and a buffet is a bargain and all runners and clubs will benefit from the changes.

Beverley AC will again host the race at Drewton in February 2025 along with our friends at City of Hull AC. Volunteers will be needed to marshal and help with the course.

The race licence and appropriate permissions are in place. The documentation and traffic management plans needed to secure the permission from the highways department of the East Yorkshire Council were submitted some time ago.

The 6 races in the 2024/2025 season start with Race 1 at Bishop Wilton in October and finish with Race 6 at Sewerby in March.

Last season we had a road closure for the Bishop Wilton route, a change to the usual route for the Sewerby race taking a small road section back off road out of Danes Dyke and will use the new route for the Drewton race, removing the section along the road edge. The new race route at Ravenscar will be used again and Pickering Running Club are again one of the 11 clubs making up the league.

In addition you will see professional medical cover at the races again, parking provision and you are likely to see Council Highway's staff observing the events.

We now have 4 clubs on a waiting list having applied to join into the league. The applications will be reviewed at the start of each season but the 2024/2025 season will remain at 11 clubs already involved.

Last season 96 Beverley AC runners registered to run in the league. A total of 85 Beverley AC runners have entered for the 2024/2025 season. Entry closed on Monday 7th Oct and the 1st race took place on Sunday 13th October.

The enthusiasm, team spirit and brilliant performances I see at these races by the Beverley AC runners is a credit to our club. It's really nice to see our new runners taking part each season and I hope that all have enjoyed the challenge and look forward to doing it all again very soon. If you are unsure, need further information or have forgotten how to enter then please ask.

The awards for the season are given in a presentation following the final race at Sewerby. Individual prizes, team and vet category prizes are given in the

Sewerby Church Hall where a buffet is provided and all runners and supporters are welcome. The team prizes are awarded after collating the points awarded at all 6 of the season's races. The individual prizes are awarded after collating the points from your best 5 of the 6 races. This means you need to run at least 5 of the races to be considered for an individual prize.

I would like to thank all the runners, marshals, helpers, supporters and cake makers. I really enjoy running in the XC races and enjoy the role I have within our club and the EYXC league.

Sam Allen

Bev AC Cross Country representative and East Yorkshire Cross Country League Vice Chair.

Juniors

The juniors have had another excellent year of training and racing, on road, XC, fell and track and taking part in orienteering and multisport events including triathlon, duathlon and biathlon. Some of the younger juniors also took part in Sports hall athletics during the winter months, with some of the older ones helping out too. We have won some county championships and have placed well in the different age categories and team prizes at many different events. A lot of the juniors have enjoyed competing regularly; new members are encouraged to get involved in competition and several have taken part for the first time this year.

Notable successes this year include at the U13 girls team (Lois, Poppy, Orlaith) taking 3rd place in the West Yorkshire XC league, Meisha and Lois achieving English Schools status, a big group representing their County (Meisha, Lois, Poppy, Orlaith, Jacob, Ella, Millie and Roxie), and this same group along with Willow and Hattie representing East Riding Schools, and Roxie coming 6th in the U16 European duathlon championships. We are very proud that our juniors turn up for training in all weathers, work hard, have fun, and are great, supportive sportspersons for their teammates.

We have expanded our number of qualified Athletics Coaches regularly taking part, from four to five (and we have also brought in a specialist qualified

sprints coach to help some of the juniors who are keen on this activity). This expansion of the coaching team helps enormously in being able to expand numbers of juniors at the same time as giving the coaches more flexibility. We also have a team of two Coaching Assistants (CAs). This growth in the number of coaches helps secure the longer-term future of the juniors.

Thinking about longer term sustainability, we do need to expand the number of CAs and potentially Coaches too. This will allow us to safely expand numbers of juniors while relieving some of the pressure on the current coaching team.

We have provided a good degree of assistance at track and field events, as both parent volunteers and with some parents training to be officials. This is really important in terms of sustaining athletics meets, so is something we need to continue doing and ideally do more of, as events cannot be run without suitable numbers of officials and volunteers. Without more volunteers coming forwards there is a threat to their future viability.

Over the last year we have managed a group size of approximately 50 juniors. We are currently going through the process of inviting new starters so numbers are steadily increasing, across ages from 8 to nearly 18. We still have a good waiting list despite being able to invite some groups of new starters, but we are unable to meet demand due to our limited number of coaches and, especially, difficulty finding suitable, safe training locations and facilities for larger groups during the winter months. Although we recruit across the age groups we want to bring in juniors ideally at the younger end of our range, so that we can then progress them through the athletics syllabus as best we can, so that they become better, stronger athletes as they move up through the juniors age groups.

We have limited facilities without regular easy access to track and field training areas; but it is great to see our juniors entering jumping and throwing events, as well as running events, and generally doing well (the 'triathlon' series at the Humberside league events, where U11 athletes do a run, a throw and a jump are good at encouraging this).

The juniors held a very successful awards event at the Rugby Club in April. The club Chair and Secretary were invited to give out the prizes and there was very

good attendance from juniors and their parents. We'd like to thank the juniors social committee who organised the event and the parents who are responsible for the juniors kit and kit exchange which also contributes to our 'Green Runners' effort by re-using pre-loved kit.

As in every year, the juniors section would like to thank the club for their ongoing support over the year, and we have enjoyed taking part in joint juniors/seniors events including the Westwood relays and training sessions at Ennerdale.

Lewis Holloway, Head Juniors Coach

Press Officer

I am pleased to provide the following summary of press coverage of Beverley AC events and activities during the year.

I am delighted to report that the year has seen plenty of activities and events on which to share and celebrate successes and to generally promote the Club in the 12 press releases which were issued during the year. Press releases were sent to Beverley Life, Just Beverley, Beverley Mag and Hull Daily Mail, as well as to Beverley FM radio and I continue to look at any other opportunities which may be appropriate on an ongoing basis throughout the year. Beverley Life and Just Beverley are always very supportive and regularly print the article and publish the accompanying photos in their monthly editions and I would like to take this opportunity to thank them for their ongoing support. A copy of any press release issued is also sent to the Club Secretary, to put on the Club website for information and for members to read. In addition, whenever possible, I post a photograph of the actual published article on the Club's Facebook pages for members' interest and information. It is pleasing to note that I am aware of at least 3 new members who have joined the Club as a result of reading about us in the press, which is very encouraging!

In the press releases, I try to include information about a specific event or aspect of the Club as well as a more general summary of events and activities in which the Club and its' members have been involved in the previous month, as well as events that are coming up in the following month. As press releases are required by the middle of the month, I do try to word it appropriately and may not always have the necessary results to include! Information to include in

the press releases is gathered from the weekly Tuesday newsletter emailed to members as well as from posts on the Club's Facebook page and I do appreciate members alerting me to events and activities that they are involved in and which I may have otherwise missed! Also, it is great to note that the main problem that I have as Press Officer is that of having too much information and material to include rather than not enough. So much going on and so much on which to report – a brilliant club! My thanks to you all!

In conclusion, I hope that, as the Club's Press Officer for the year, I have reflected the wide range of events and activity that the Club and its' members have supported and taken part in and wish you all the very best for the coming year.

Jackie reiterated that she takes photographs from facebook that she sends to the media, and therefore if anyone does NOT want their photograph published to contact her and let her know.

Jackie Hardman, Press Officer

[Kit](#)

Since last AGM club kit takings have been £454.

We now issue the new style Beverley AC vests when member join the club. Existing members can purchase a new club vest at £15. If any members want a new vest with their name on it, we need to place a bulk order and take payment up front of £18. Please let me know tonight at AGM if you would like a vest with your name on.

Our Beverley AC juniors also have the new vests and all the girls also purchased crop tops. Increases in coaching staff has enabled further juniors to join the club and a further purchase of new vests has been taken. The juniors already do a kit swap as they outgrow their vests.

Anyone attending the national or northern road relay or cross country events who has not already purchased a new vest would get a free new vest as part of giving up their time to represent the club to ensure our club isn't disqualified for vest design differences.

As minuted in last years AGM, members need to source their own Santa and Christmas outfit for the Santa run, which assists the club in its greener initiatives.

We have kicked off tonight as our first kit swap event. All unwanted sportswear and accessories can be swapped apart from race t-shirts. We have a partner called Preloved Sports where we can drop off excess kit but I will retain initial swaps for existing and new members joining the club in the short term.

Neil Bant, Kit Secretary

[Green issues](#)

The latter part of 2023 saw Beverley AC enter a pilot scheme between England Athletics and the Green Runners, who are partnering up to try and make running clubs in the UK more sustainable. Since then, we have appointed a Green Champion (Lucy Stamford), made some pledges about what we will do and set up a Green Sub Committee who are meeting regularly to push ahead with an agenda of change and continuity in many cases.

The work has included but is not limited to, a new car sharing WhatsApp Group, a litter picking event, closer work with the local community via our Cherry Tree Centre partnership, introducing more green measures at our 10k's and today's kit swap is yet another example of what we are doing.

[Any other business](#)

Frank Harrison raised a complaint regarding his not being allowed to run in this seasons East Yorkshire Cross Country League. He voiced that he feels it is unfair when all he is trying to do is keeping running and looking after himself at 85 years old.

Sam offered an explanation in that Frank runs for his first claim club, which is City of Hull, and that the EYCCL committee voted to enforce the strict time limit rules for the welfare of not just runners, but marshals and organisers alike during this winter league. Therefore this was not really a Bev AC matter.

Both Chair and Secretary expressed their sympathies and support for Frank but explained that it was up to the EYCCL committee to take these decisions about their league.

Frank was acknowledged to be one of our highly regarded second claim members and the secretary reminded him that he would continue to be welcome at all club events and runs, including the handicap series and in-house events.

Addendum linked to item 4 - Chairs report

The club continues to thrive and grow. We have more going on than ever before, and for that to happen, it takes the combined efforts of not just the committee, but an ever-growing list of others willing to give their time for the greater good.

Our committee has been settled for a while now and I feel that we work well together. On behalf of the wider membership, I thank committee members for their unstinting support and for their ongoing contributions, and a massive thank you to all of you who've stepped up to make things happen over the last year.

Hopefully all members saw the letter from the sports club with reference to helping run the bar. We were asked to circulate the worrying news, and we'd love for some of our members to get involved in the running of what is our home.

In the last year, we've enjoyed the ongoing support of Graeme Pittaway at both of our key races and we're grateful for his massive contribution. This year saw John Dawson step into the limelight with his sponsorship of Walkington. To both of you, please accept my thanks on behalf of all members.

I won't say too much about the two events...Nigel has compiled a detailed report on both 10k's. Which leads me to offering special thanks to Nigel for his forensic approach to helping organise the races. He was one of three members to qualify as race directors this year - thank you Fee and Sam too - bringing the club's race director contingent to five (Lucas and myself being the other two). Having organised the course for England Athletics, I was pleased that we hosted the event, showing our commitment to being proactive and doing things the right way.

I must thank Sam and Paul for helping us celebrate the thirtieth running of the Beverley 10k in such style. The past winners who were invited were blown away by the efforts we went to in marking the occasion. I'm sure Sam has pencilled in Walkington's birthday already!

Last year, we also hosted a traffic management training course, trying to get the local clubs to approach the event management of races in a similar fashion

to us. Our in-house traffic management saves us more than £3,500 each year. We have invested in equipment each year and we're now at the point (Lucy will be pleased to know) that we don't need any more signs or cones.

One big purchase this year was our lovely tent. It provides some necessary covered space at our events and will hopefully see years of use.

2024 has seen stunning running performances from our members. The selection of winners at the next awards evening will be harder than ever. The awards night will be having a makeover next time and I hope members will welcome the changes we've made. We were disappointed with numbers at this year's awards, but even though our speeches were somewhat shorter than previous (and that was well received), we were committed to refreshing the format of the evening. We are pleased to announce new vet category awards, but we will be getting rid of some prizes. Fee will circulate details soon.

2024 has seen the club developing its green commitment. I won't say too much, Lucy will have plenty to report. I apologise for getting the club involved in the Clean Air project: I never envisaged us having to make a video for EA and Glaxo! A big thank you to the Green Committee for their time and effort.

Last weekend saw Lucy organising her fourth coffee morning and, unbelievably, yet again raised over £2000. It is testament to the spirit of the club that such amazing things happen. The beneficiaries this year are Cherry Tree Community Centre, the club's chosen charity, and St Mary's Church garden project. With this in mind, we will shortly discuss our charitable choice for the coming year, and I thank members for the new nominations.

We've had an incredible year on so many fronts and we should look forward with positivity and confidence. Thank you.

Rob Reid, Chairman

Addendum linked to item 5 - Secretary Report

Secretary's report October 2024

Newsletters

I send the newsletters every Tues night. I expect all members to refer to the newsletter as the medium where they can find all the up-to-date information relevant to club life.

As a club social media has its place, but I feel quite strongly that if you do not want to be on social media, you should still be able to lay your hands on all the information with regards to your club.

If anyone ever has an item for the newsletter please just contact the secretary email address and let me know.

I'm always reliant on our club and committee members to provide the info I need to publish in a timely manner. This goes from anything like weekly routes, to what food choices we get at an away night. As ever I am grateful to everyone for their swift contributions. It always makes my life easier.

There has been mention recently that some people find the newsletters too long and they would like the content truncated. As ever, if any one ever has any suggestions as to how I can improve them and make our communications slicker and easier, please do get in touch. I am always open to constructive ideas. I am so close to it, it is sometimes difficult to see where I could improve it or make my life easier.

Committee meetings

All the minutes of our meetings are [available online](#). You will also see the dates for all our future meetings listed here too. We have moved these with immediate effect to the last Wednesday in the month (formerly the first). This is to avoid a clash with other Recreation club committees to enable us to use the bowls room. Don't forget anyone is free to pop along to committee if they would like to.

Awards

This year we have conducted a review of the awards ceremony, both of the awards themselves and the event. You will remember that we had a survey back in July/Aug asking your views. Of the responses we got the vast majority liked the Beverley Barn as a venue, and so we return there next year March the 7th. Look forward to a new zesty awards ceremony with a few changes with Lucy Berriman at the helm.

The awards that we give out have also had a revamp. We hope that the changes you see next March reflect a new fairer and diverse approach to celebrating our club members successes. The new awards are listed on [our website](#).

A greener club

This year, with the enthusiasm of Lucy Stamford driving it forward, we have seen a new sub-committee be created comprising of 4 or 5 members who are interested in ensuring our running club has a positive environmental impact. So far the group has been involved in promoting car share, organised a plogging event and working with our Race organising committee to ensure our races are sustainable. Our thanks to Lucy and the greener club committee members for your enthusiasm in this important area.

Courses – LiRF, CiRF and coaches

As I do every year, I want to take this opportunity to ensure all our members are aware that Beverley AC will pay for you to do a coaching course, if there will be a benefit to the club with your newfound knowledge. All you have to do is make yourself available to lead the odd session (generally already planned). The regulars that need cover are speed Thursday/Friday, Couch to 5k, the 5k to 10k progression group and Circuits. The Leader in Running Fitness, Coach in Running Fitness and Coaching assistant and Coach course are all subsidised for club members.

Couch to 5k and Progression groups

This years cohort of C25k was a very successful group. We had 8 members go on to join the club 9 members complete the Progression group and graduating 10k at Howden organised and lead by Paul Readshaw, to whom we are indebted.

Welcome Runners

Our band of welcome runners are well established now. We have a group of approximately 18 individuals who run with potential new members on a rota basis, ensuring those runners are supported and find out all about the club... and don't get lost. I stress it is VERY difficult to get this right. We never know who is going to join us, when, what pace they run and to what distance. Added to that our WR have their own commitments, injuries or availability to factor in. Sometimes I have to go a bit off piste from the normal rota, and I sometimes approach people to help even if they are not a WR because I need to pair people up on the night based on pace. I am sorry that I have to do this, but I am VERY grateful to those that do help me out. It all helps give new runners a great experience as they join the club. Our numbers have dwindled a little in recent months due to moves and changes and people's busy lives, I very much encourage you to offer your support. It is a very rewarding role and not onerous. Please get in touch.

Training groups outside Bev AC

This year we have seen an influx of fast runners either join Bev AC or flourish and improve wearing a Beverley vest. We are EXTREMELY fortunate that Kris Lecher, a local athlete and physiotherapist, leads a coaching group to help those athletes keen to improve to, in some cases, an elite level. He has even on occasion encouraged some athletes to join Beverley AC. We thank him for making our club the hotbed of talent that it is. Both Kris and I appreciate that whilst many of these athletes are unknown to many of Bev AC members, we are working on how they can juggle both. We recognise that high level training and commitment, as well as social running with the club, are equally important for the progress of both athlete and our club. I believe that it is this sort of commitment from Kris and his athletes, that will encourage young runners to maintain their running and fitness life goals as they mature, by offering a clear pathway from Junior to Senior membership.

Volunteering

I once again must add this soppy passage at the bottom of my report to extol the virtues of our volunteers. We ask a lot of all our members and we VERY VERY much appreciate it. The more people who volunteer for ANYTHING... from

committee, to coaching, to marshallng... the less onerous it is for all and the more sustainable this club becomes. Volunteering will leave you feeling warm and fuzzy and feeling great for giving back to your club. I urge all those not already active to approach a committee member or stick your head above the parapet when the requests land to get involved. The more people who get involved in everything, from running a bar to being ladies captain... the more sustainable our club becomes. I promise you won't regret it.

Fiona Oakes

Secretary and (current) Vice chair

Addendum linked to item 6 – accounts from Treasurer

Beverley Athletic Club **Accounts for the year ended 31.12.23**

	Income / contributions	Costs	Surplus / (Deficit)
Running events			
1.1. Beverley 10k	34,962	(16,782)	18,180
1.2. Walkington 10k	13,102	(8,119)	4,983
1.3. Club membership	8,990	(5,135)	3,855
1.3. Away nights & other club events	2,818	(4,779)	(1,962)
1.4. Couch to 5k	495	0	495
1.5. Wolds relay	750	(698)	52
1.6. Cross country league	950	(986)	(36)
1.7. Yorkshire veterens	299	(20)	279
1.71 Beaver trail	0	(350)	(350)
1.8. Awards night	2,826	(9,345)	(6,519)
1.9. Junior awards night	60	(977)	(917)
1.10. Other running events - seniors	256	(2,128)	(1,872)
1.11. Other running events - juniors	0	(686)	(686)
Sub total - running events	65,507	(50,005)	15,502

Club running costs

2.1. Club kit	798	(4,869)	(4,071)
2.2. Stripe fees	0	(3,004)	(3,004)
2.3. Accountant	0	(600)	(600)
2.4. Publicity	0	(130)	(130)
2.5. Room hire - cricket club	0	(2,400)	(2,400)
2.6. Room hire - leisure centre	0	(1,434)	(1,434)
2.7. Sundries	0	(480)	(480)
2.8. Stipend	0	(900)	(900)
2.9. Equipment	0	(1,085)	(1,085)
2.10. Training courses	1,430	(2,146)	(716)
2.11. Club admin	0	(406)	(406)
Sub total - Club running costs	2,228	(17,455)	(15,227)

Surplus / (Deficit) before donations	67,735	(67,460)	275
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3.1. Charity donations	1,470	(4,562)	(3,092)
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Total Surplus / (Deficit)	69,205	(72,022)	(2,816)
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Cumulative surplus at the start of the year	x
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Deficit for the year ended 31.12.23	(2,816)
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Cumulative surplus at the end of the year	x
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opening bank balance	36,397.71
closing bank balance	14,593.11
movement	- 21,804.60
check	- 21,804.60
	-