

Pittaway

Beverley 10K and



Fun Run

Sunday 8th May 2022

Race day information

Welcome to the Pittaway Beverley 10K and B&A family fun run 2022 returning to its traditional slot. Please carefully read the race instructions to ensure you are up to speed on this year's event to get the most out of your race preparation and training. We thank you for your co-operation and wish you all a safe and enjoyable race.

A word from our official race sponsor.... "It is a pleasure to be sponsoring the Beverley 10k for the fifth time in 2022 - and great to see the event being once again held in May - especially after the disruption that we have had over the last couple of years. I hope you enjoy the race and get to see the Westwood in its prime. We'll look forward to meeting you on the finish line!"

Graeme Pittaway, Director

For further information, please visit our website: www.pittawaygroup.com

Pittaway

DECORATIVE GROUP LTD

Race HQ location and race number collection

East Riding College have kindly provided the facilities for our race headquarters for 2022, located on Armstrong Way, Beverley, HU17 0GH. Our thanks to them for their partnership.



All runners, both fun run and 10k, will need to collect your race number and timing chip from the college. Numbers can be collected from 12 noon to 4pm on Saturday 7th May or from 7:30am on Sunday 8th May. Please DO NOT arrive before these times. Please bring safety pins with you on race day. You may collect a number(s) on behalf of other runners, but they will be in alphabetical order and you may be asked to queue more than once if they are not in the same split.

You will also be issued your t-shirt on collection of your race number. This is a change from previous years but will reduce congestion around the finish area and offers you the chance to run in your t-shirt. They will be issued based on the size you identified when you entered the race. If the sizing is an issue, subject to availability, then you will be able to swap *after* the race at Race HQ on the Sunday. (Unworn t-shirts only).

The College will have toilets available on both days and the café will be open for refreshments. There are also a host of eateries both in Flemingate shopping centre and within Beverley Town centre nearby. There are limited changing facilities at East Riding College.

[Dove House Hospice](#)

Local charity Dove House Hospice were selected by Beverley Athletic Club members as beneficiaries of this year's races and will be present over the weekend. Over £670 has already been raised from donations on entries or where you've opted out of having a t-shirt. If you'd like to find out more about their work or make a donation then head to their stand at East Riding College at Race HQ.



Parking

There are a number of car parks around the town:

- Flemingate Shopping Centre, HU17 0NQ, is next to the race HQ at East Riding College: £1 for three hours. £2 for three to four hours.

All Council run car parks are free on Sundays. These include:

- School Lane car park, HU17 9BA (behind the fire station).
- East Riding Theatre, HU17 9BE (behind the theatre).
- Princes Gardens car park, HU17 9BA (behind The Treasure House)
- George Street car park, HU17 0AU (near the train station and Moulders Arms).
- *Spencer Street car park, HU17 9EG (off Walkergate).
- *Butcher Row car park, HU17 9EE (opposite the fire station).

* Note these will have no access from 8:45am to 10am during the fun run. There is no parking for event participants at Beverley Leisure Centre.

Race day arrivals and start

We ask runners not to proceed to the start of either the 10k or fun run until requested, as traffic must be stopped in the town to accommodate the large number of runners.

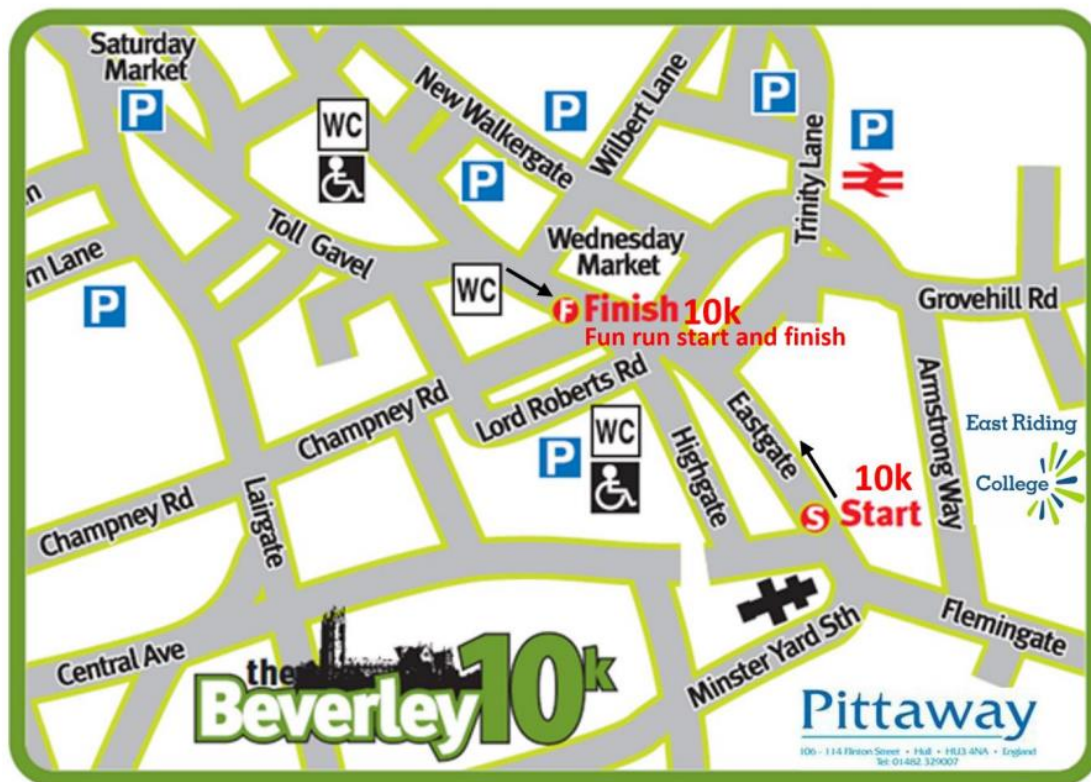
Fun run assembly point

Runners are to assemble in front of East Riding College and around Flemingate Shopping Centre, with numbers and timing chips secured. You will then be led out to the new start on Wednesday Market just after 8:45am when the train has passed.

10k race assembly point

Runners are to assemble in front of East Riding College and around Flemingate Shopping Centre with numbers and timing chips secured not before 9am to allow fun runners to clear the area. The 10k race will be escorted out at 9:45am when the road closures have been installed and to ensure runners cross the level crossing safely. Please follow marshal guidance.

You should position yourself according to your expected finish time at the race start, which will be extended along Keldgate to the south of Beverley Minster to allow runners to spread out. Category prizes are based on chip time, therefore this will not detract from your finishing position or time. Both East Riding College and Pittaway Group will be acting as lead vehicles ahead of the 10k race field.



Covid-19 guidance

With restrictions removed, you should use your own judgement regarding your attendance if you feel unwell. Mask wearing around the HQ area is a personal choice but we ask you to continue to use the hand sanitiser located around race HQ.

Safety

Please follow the directions of marshals and have due regard for your own safety and that of other road users. Under UKA Rules of Competition you need to be aware of traffic dangers and directions given by officials. The wearing of headphones, or similar devices is not permitted and may lead to disqualification.

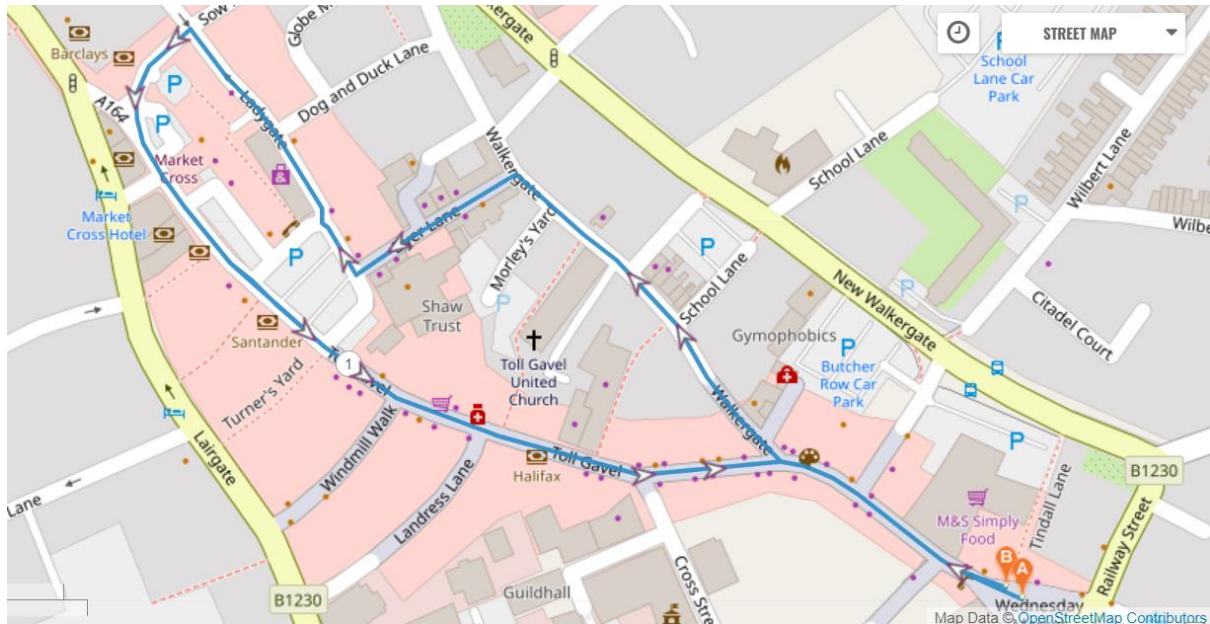
Due to the unsuitability of the routes and for the safety of all runners, prams or pushchairs are not allowed on the 10K course and if used in the fun run should be in exceptional circumstances. Please ensure you do not impinge anyone else.

We do not allow runners to participate with dogs.

Wheelchair users should contact the race beforehand to confirm suitability to take part.

The courses

The Fun Run course is approximately 2k around Beverley Town Centre. Starting in Wednesday Market, it takes in two laps of the town centre anti-clockwise via Walkergate, Dyer Lane, Ladygate, Saturday Market and Toll Gavel to finish back in Wednesday Market.



The 10k starts alongside Beverley Minster on Eastgate and heads out through the town centre on Lord Roberts Road, Lairgate and through North Bar. It then heads out across Beverley Westwood on Newbald Road, and then turns left to skirt along the edge of Walkington. The route returns into Beverley over the Westwood, past the golf course and the Black Mill and down Walkington Road. The final stretch navigates the town centre, through Saturday Market, Toll Gavel and finishes in Wednesday Market. There are ample locations for spectators. Note all roads will be closed during the race.



Race number and timing chip

All race numbers are to be collected from East Riding College either on Saturday 7 May from 12 noon to 4pm or Sunday 8th May from 7:30am. Please complete the details on the reverse of your number in case of an emergency. Do not cut or deface your number and always wear it on the front of your running top, clearly visible pinned in each corner. (Don't forget to bring safety pins.) Your timing chip is attached to the back of your race number. Numbers are strictly non-transferable and anyone running under another person's number will be disqualified and both the runner and owner of the number will be banned from entering future Beverley AC races.

Withdrawals and transfers

Online transfers are possible up to midnight Saturday 30th April. We do not offer deferrals. If you cannot run after this date but wish to transfer the entry please contact bevacraces@gmail.com.

First Aid

North East Medical Services will be stationed near the finish area of both races and are able to respond to incidents. Please contact a marshal if you or a fellow runner requires medical attention.

Drink Station

A drink station will be located at around 5.5km along the route with water in compostable cups. All runners will receive a bottle of 500ml water at the finish. Our thanks to Café Nero for their support.



Road Closures

The route will be closed to traffic throughout, except for emergency vehicles. A back marker will follow the final runner. If you drop behind a pace of 90 minutes based on the final runner starting you may be asked to withdraw. If you continue the roads will be opened and you continue at your own risk. We must reopen roads in accordance with our traffic management plan agreed with the council.

The Finish



You will be greeted by Quick & Clarke signage as you reach the finish under the B&A scaffolding and Pittaway banner. Once you have finished keep moving and you will be able to collect your unopened bottle of water and piece of fruit. Fun Run finishers - you will also collect your finishers medal. 10K runners – you will have collected your T-shirt at registration. Please then continue along the exit route as directed.

Volunteers

The event is put on thanks to the army of over 120 volunteers from Beverley AC and friends. Please thank them for their time on the day.

Results and Prizes

Results will be available [here](#)

The fun run presentations will take place in Wednesday Market at approximately 9:30am.

- Fun Run: First three male and female runners aged 15 or under.

The 10K Prize giving will take place at the East Riding College (Race HQ) at approximately 11:45am. Category prizes are based on chip time, therefore this will not detract from your finishing position or time.

- Men and Ladies: 1st - 7th
- First in each of the follow categories: Under 18; V40, V45, V50, V55, V60, V65, V70, V75, V80+
- First and second male and female teams (3 runners to count in each).
- Additional prize if a new course record set (male and female). Current course records held by:
 - Men's: Andy Lyons (City of Hull AC) 30:17 – 1995
 - Ladies: Lizzie Adams (Hallamshire Harriers) 34:54 – 2010 Equalled by Becky Rigby (Preston Harriers and AC) - 2018

Race Photos

These will be uploaded to Beverley AC Races on Facebook as soon as possible after the race. Feel free to also share your experiences about the race and your photos on social media... @beverleyathleticclub or Instagram #Beverley10K.

Helpdesk

Whilst we aim to have covered everything to offer you a race that feels safe, we realise there may be an occasion where you need some help. A Helpdesk will be located at the East Riding College throughout the event until 12:30pm. Enquiries thereafter should be emailed to bevacraces@gmail.com. Please allow 24-48 hours for a response.

Specsavers Walkington 10K and Fun Run

Our next Beverley AC race will be on Friday 8 July when we return to Walkington for the Specsavers 10K and fun run. Entries for both are open and it's always a great night. [Enter here](#)

Good luck

Finally... We are looking forward to welcoming you back to Beverley for the 10K and fun run. We wish you good luck and a safe race. Entries for the 2023 event which is provisionally scheduled for Sunday 14th May, are expected to open in February 2023. Thank you.

Lucas Meagor Race Director

Beverley Athletic Club